

FIT TEST GUIDANCE FOR MAs AND RNs

To improve % of stool collected and KITs returned back for testing

FIT TEST EDUCATION

- Use standard instructions to provide patient with "one on one" education on stool collection (including the importance of doing vs. not doing the test)

"POOP ON DEMAND"

- Try to collect the specimen the day of visit (Politely and humorously ask the patient to try to use the clinic restroom and collect the specimen during that visit)

BOWEL MOVEMENT SCHEDULE

- If the patient unable to do "Poop on Demand" evaluate the patient's bowel habits by asking questions (Are your bowel movements usually in the morning or evening?) Based on the answer, make a "plan" with the patient when the stool sample will be collected. Encourage the patient to place the given KIT in the bathroom as soon as they come home so they have it readily available the first next time they have bowel movement. Reassure patient to bring specimen back next day after collection.

LAB TEST SEPARATION

- Explain to patient FIT test can be brought to clinic any time (preferably next day), regardless of other lab orders. However be considerate of their time and travel arrangement, so always try to connect return of the kit to some other patient needs in the clinic such as future doctor's appointment, nurse visit, another lab work, referral financial or social services etc., in near future. Specimen return is part of the visit (no extra fee charge).

