PREVENTABLE

TREATABLE BEATABLE

Talk with your doctor about getting screened.

Did you know simply aging can make you more at risk for developing colon cancer and that early stage colon cancer doesn't usually cause symptoms? But there are steps you can take to reduce your risk for the disease.

COLORECTAL CANCER IS:

PREVENTABLE: Colorectal cancer is one of only a few cancers that can be prevented because colorectal cancer screening allows doctors to find and remove hidden growths (called "polyps") before they become cancer. Removing polyps can prevent cancer altogether. Ask your doctor about the right screening plan for you. Help reduce your risk by getting a screening test, not smoking, maintaining a healthy weight, exercising, eating less red meat, and consuming alcohol in moderation, if at all.

TREATABLE AND BEATABLE: Found in its early stages, colorectal cancer is highly treatable. Once you turn 50 it is important that you talk to your doctor about getting screened regularly for colon cancer. Talk to your doctor sooner if you have a family history of the disease.

Call (Insert Org phone number) or visit (Insert Org Website) for more information.

(Insert Org Logo Here)

FIFTY OR OLDER?
GET SCREENED FOR
COLON CANCER.

This message is brought to you by (Insert Org Name Here) and the National Colorectal Cancer Roundtable, a coalition of organizations dedicated to colorectal cancer control.