# What Do the Data Tell Us: What Can We Learn from the Latest Colorectal Cancer Screening Rate Trends Over Time?

November 3, 2021 – 1:00-2:00 PM ET

2021 80% in Every Community Conference & NCCRT Annual Meeting Pre-meeting Session









# **Purpose of Today's Session**

- Learn how we are doing as a nation on our efforts to reach an 80% colorectal cancer screening rate.
- Hear from four experts on the latest data and trends from key national data sets: NHIS, BRFSS, UDS, and HEDIS.
- Q&A



### **Presenters**

Jordan Karlitz, MD (Moderator)
GI Division Chief, Denver Health Medical
Center; and Associate Professor at the
University of Colorado School of
Medicine; NCCRT Steering Committee

# Lisa Richardson, MD, MPH Director, Division of Cancer Prevention and Control, Centers for Disease Control and Prevention, NCCRT Steering Committee

#### **Sepheen Byron**

Assistant Vice President, Performance Measurement, National Committee for Quality Assurance

#### Neeraj Deshpande MBBS, MPH, MHA

Public Health Analyst, Quality
Recognition and Health Promotion Team,
Bureau of Primary Health Care/Office of
Quality Improvement, DHHS/Health
Resources and Services Administration

#### Stacey Fedewa, PhD

Scientific Director, Screening and Risk Factors Research, American Cancer Society, Inc.

### **Virtual Housekeeping**

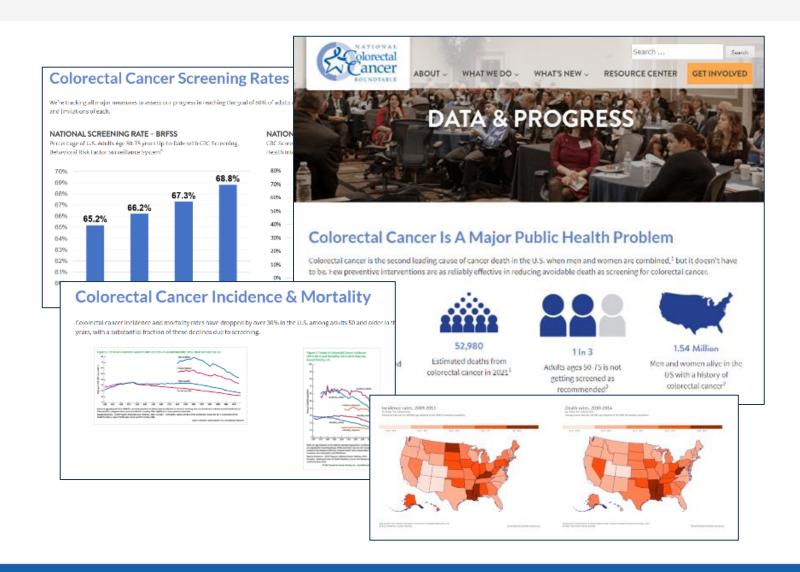
- The event is being recorded. The replay and slides will be made available on www.nccrt.org within a few days.
- All participants are muted.
- Submit questions through the Q&A box at any time.
- Please complete our evaluation.

Funding for this webinar was made possible (in part) by the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

# The NCCRT Data & Progress Web Page

The NCCRT Data & Progress webpage provides up-to-date statistics on colorectal cancer screening, incidence, mortality, and geographic distribution information.

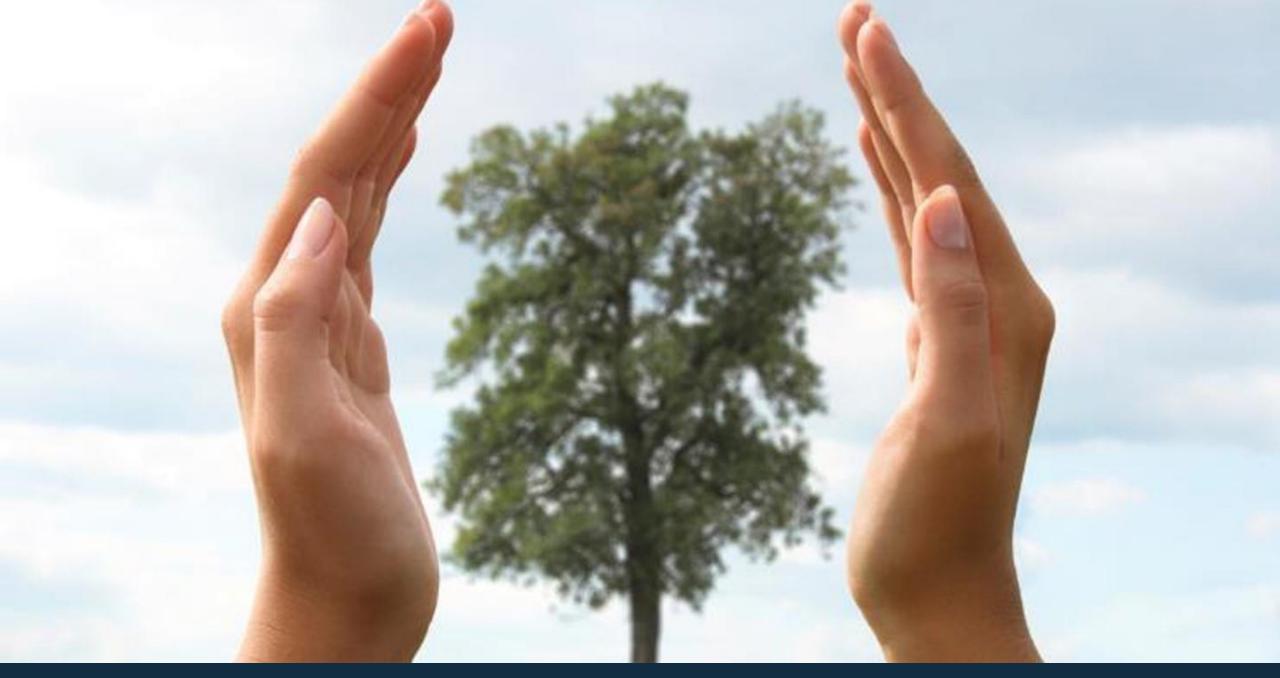
nccrt.org/data-progress





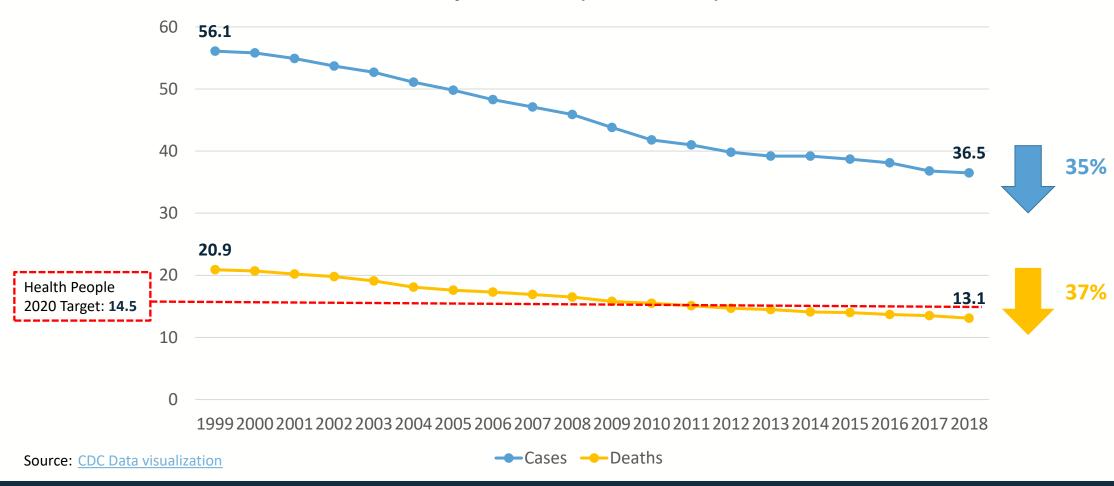
Behavioral Risk Factor Surveillance System (BRFSS) 2020 Data Update





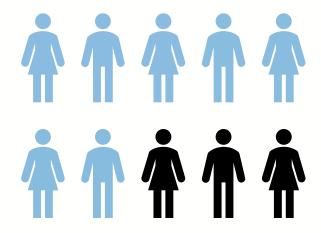
### Colorectal Cancer Deaths and Cases

Colorectal Cancer Cases and Deaths, All Ages, All Races/Ethnicities, Both Sexes, 1999-2018



# 2020 Behavioral Risk Factor Surveillance System (BRFSS) Colorectal Cancer Screening Overview

**7** in **10** U.S. Adults



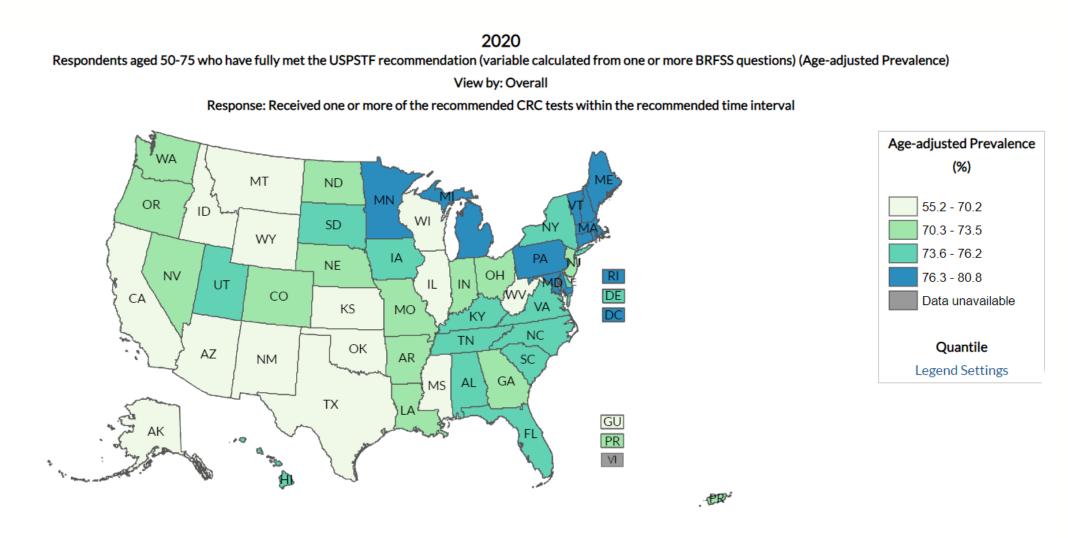
Up to Date with Colorectal Cancer Screening

- First time questions about FIT-DNA test and computed tomography (CT) colonography included
- In adults ages 50-75:
  - 72.1% Up to date with colorectal cancer screening (all test types)\*
  - 19.3% Never Screened
  - 69.7% Up to date with colorectal cancer screening by previous year's definition\*\*

<sup>\*</sup> including FIT-DNA, CT (virtual) colonography

<sup>\*\*</sup> the percentage of adults aged 50 to 75 who were up-to-date with fecal immunochemical test (FIT), sigmoidoscopy, and colonoscopy in 2020

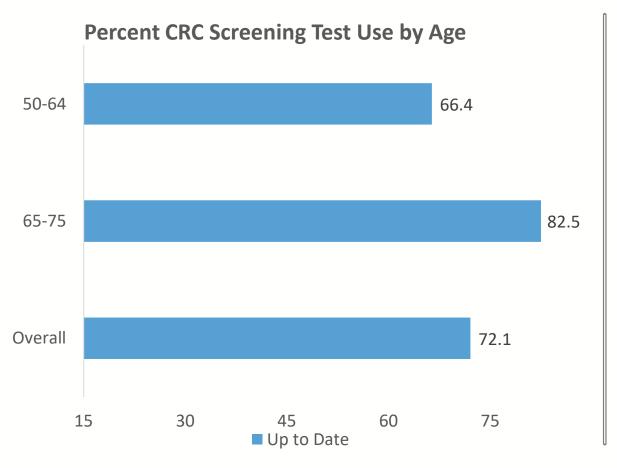
### Adults 50-75 Up-to-Date Using USPSTF Recommendation\*



\* including FIT-DNA, CT (virtual) colonography

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

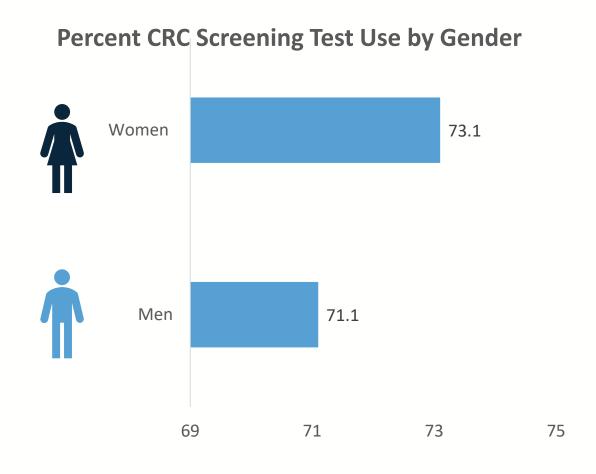
# Reported Colorectal Cancer (CRC) Screening Test Use By Age and Race\*



#### Percent CRC Screening Use by Race American Indian/ Alaska Native 63.1 Asian/Pacific Islander 64.3 Black, non-Hispanic 75.4 Hispanic 64.9 Other/multiracial 66.1 White, Non-Hispanic 73.8 40 60 80 Up to Date

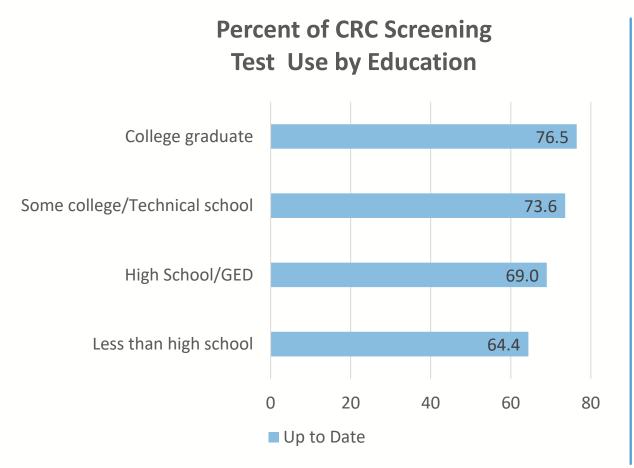
<sup>\*</sup> Age standardized

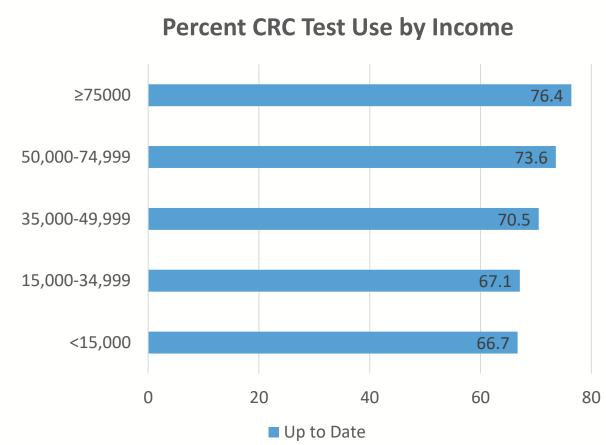
# Reported Colorectal Cancer Screening Test Use By Gender\*



<sup>\*</sup> Age standardized

# Reported Colorectal Cancer (CRC) Screening Test Use By Education and Income\*

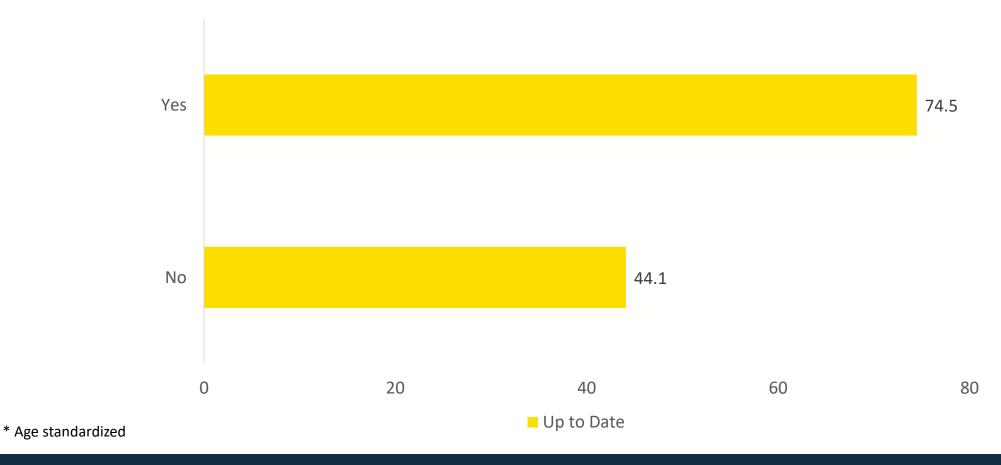




<sup>\*</sup> Age standardized

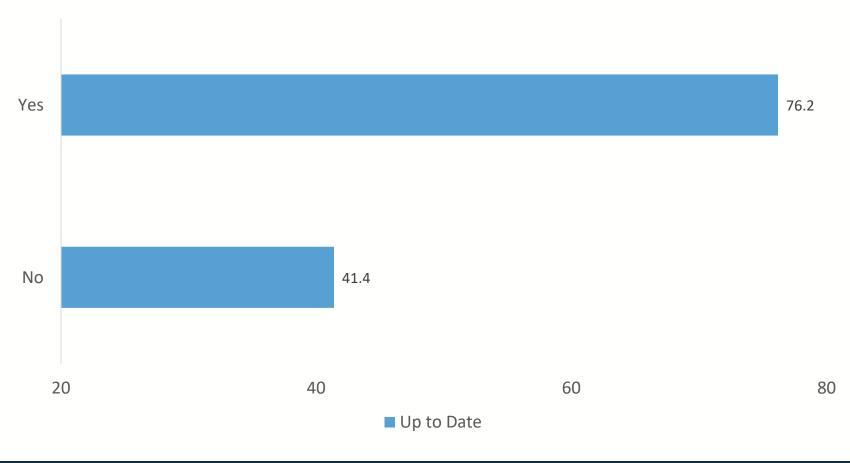
# Reported Colorectal Cancer Screening Test Use By Health Insurance Status\*





# Reported CRC Screening Test Used By Regular Health Provider Status\*

#### Percent CRC Test Use By Regular Health Provider Status



<sup>\*</sup> Age standardized

# Thank you!

Go to the official federal source of cancer prevention information: www.cdc.gov/cancer





Division of Cancer Prevention and Control

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# HEDIS® Colorectal Cancer Screening Measure

#### Sepheen Byron

Assistant Vice President, Performance Measurement National Committee for Quality Assurance

National Colorectal Cancer Roundtable November 2021



Healthcare Effectiveness Data and Information Set

Tool used by over 90 percent of America's health plans

Allows for comparison of health plans across important dimensions of care





Access and availability of care

Preventive services

Chronic disease management

Behavioral health and substance use

Care coordination

Utilization of health care



### **Colorectal Cancer Screening**

Current measure description

Adults ages 50-75 years who had appropriate screening for colorectal cancer:

- ► Fecal occult blood test or fecal immunochemical test during the year
- ► FIT-DNA test within the past three years
- Flexible sigmoidoscopy within the past five years
- ► CT colonography within the past five years
- Colonoscopy within the past 10 years

Stratify by race and ethnicity

Medicare plans stratify by socioeconomic status

#### **Product Lines**

Commercial, Medicare

#### **Data Collection Method**

Administrative

Hybrid

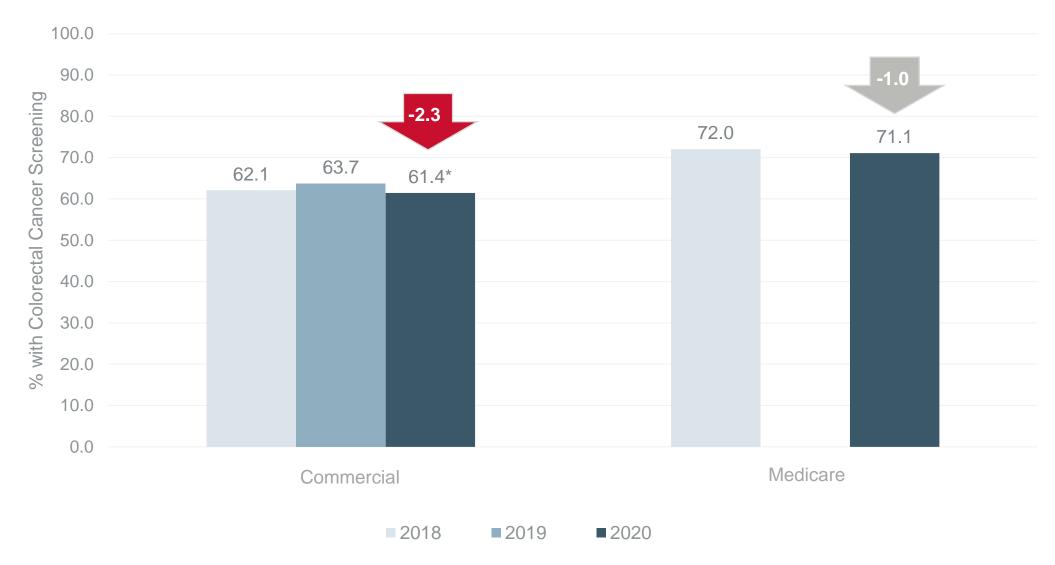
Electronic Clinical Data Systems

#### **Required Benefits**

Medical



### Colorectal Cancer Screening amid the COVID-19 Pandemic





### **Evolving HEDIS to Use More Electronic Clinical Data**

What are we striving towards?



Leverage more and better data into greater insight



Foster patientspecific care



Align with interoperability and value-based payment models



Decrease measurement burden

Get to **better** measures



### **Updated Guidelines for Colorectal Cancer Screening**

| Population                    | Recommendation  | Grade |
|-------------------------------|---|-------|
| Adults ages<br>45 to 49 years | The USPSTF recommends screening for colorectal cancer in adults aged 45 to 49 years.  | В     |
| Adults ages<br>50 to 75 years | The USPSTF recommends screening for colorectal cancer in all adults aged 50 to 75 years.  | A     |
| Adults ages<br>76 to 85 years | The USPSTF recommends that clinicians selectively offer screening for colorectal cancer in adults aged 76 to 85 years. Evidence indicates that the net benefit of screening all persons in this age group is small. In determining whether this service is appropriate in individual cases, patients and clinicians should consider the patient's overall health, prior screening history, and preferences. | С     |

U.S. Preventive Services Task Force, May 2021

### **Changes Posted for Public Comment**

HEDIS MY 2022 Technical Update

**Denominator** 

Members 45 - 75 years of age by December 31 of the

measurement year

**Age Stratifications** 

Ages 45-49 years

Ages 50-75 years

**Total** 

**Product Lines** 

Commercial

Medicare

Medicaid

**Data Collection** 

Drop Hybrid Reporting Method for MY 2022 Establish ECDS-only Reporting for MY 2023







Neeraj Deshpande
Public Health Analyst
Quality Division
Office of Quality Improvement
Bureau of Primary Health Care (BPHC)
November 3<sup>rd</sup>, 2021

Vision: Healthy Communities, Healthy People



# Agenda

- UDS 2020 highlights
- Colorectal Cancer (CRC) screening in 2020
- Colorectal Cancer (CRC) in previous years
- Next Steps



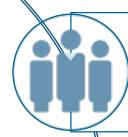


# HRSA Health Center Program Data Highlights in 2020





# Health Center Program highlights in 2020



28. 6 million patients served

86 million in-patient visits

29 million virtual visits



11.3 million Dental visits

14.1 million Mental health visits

1.7 million Substance Use Disorder visits



99% health centers utilized telemedicine

24% Medical visits conducted virtually, 52 % Mental health visits conducted virtually

33% Substance Use Disorder visits conducted virtually





# **Colorectal Cancer Screening in 2020**







Served over 6 million patients age 50-75



Over **2.4 million** patients met screening criteria

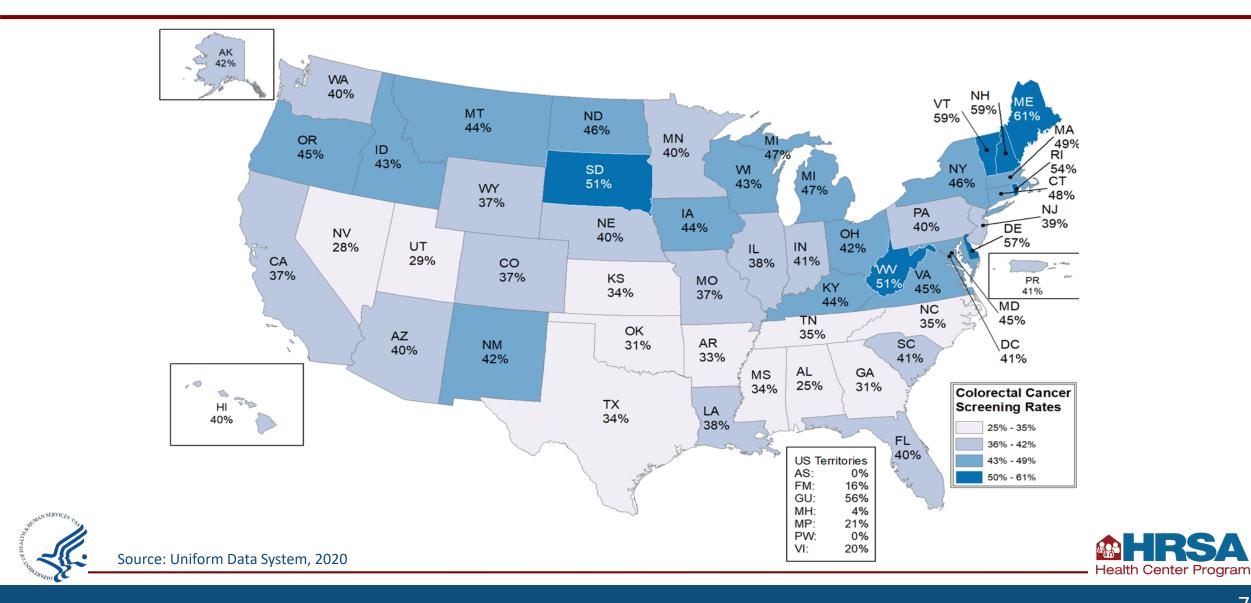


**40.09%** patients met screening criteria nationally



Source: Uniform Data System, 202





### **Compliant Slide**

| State<br>Abbreviation | CRC Screening rate |
|-----------------------|--------------------|
| AS                    | 0%                 |
| PW                    | 0%                 |
| МН                    | 0%                 |
| FM                    | 17%                |
| VI                    | 20%                |
| MP                    | 21%                |
| AL                    | 25%                |
| NV                    | 28%                |
| UT                    | 29%                |
| ОК                    | 31%                |
| GA                    | 31%                |
| AR                    | 33%                |
| KS                    | 33%                |
| TX                    | 34%                |
| MS                    | 34%                |
| TN                    | 35%                |
| NC                    | 35%                |

| State<br>Abbreviation | CRC Screening rate |
|-----------------------|--------------------|
| МО                    | 36%                |
| СО                    | 37%                |
| CA                    | 37%                |
| WY                    | 37%                |
| LA                    | 38%                |
| IL                    | 38%                |
| NJ                    | 39%                |
| FL                    | 40%                |
| AZ                    | 40%                |
| MN                    | 40%                |
| н                     | 40%                |
| NE                    | 40%                |
| WA                    | 40%                |
| PA                    | 40%                |
| PR                    | 41%                |
| SC                    | 41%                |

| State<br>Abbreviation | CRC Screening rate |
|-----------------------|--------------------|
| IN                    | 41%                |
| DC                    | 41%                |
| AK                    | 42%                |
| ОН                    | 42%                |
| NM                    | 42%                |

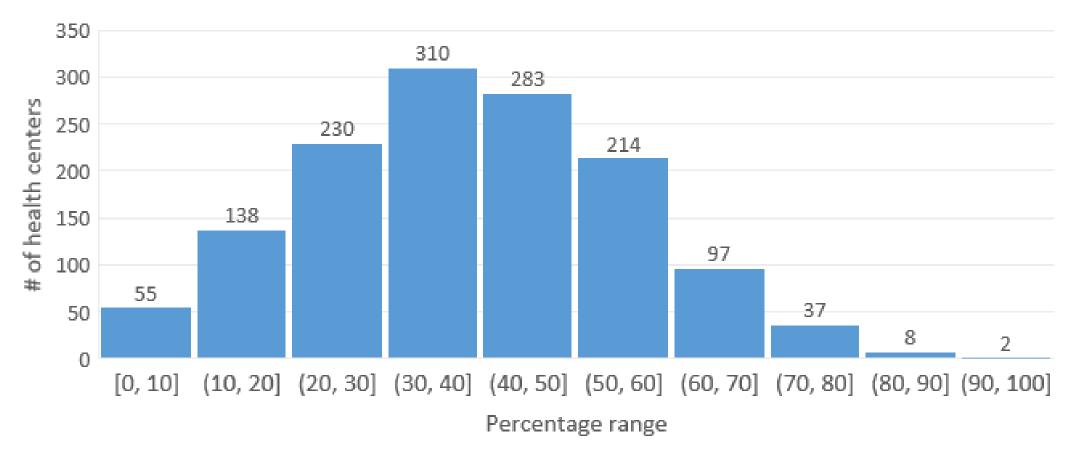
| State<br>Abbreviation | CRC<br>Screening<br>rate |
|-----------------------|--------------------------|
| WI                    | 43%                      |
| ID                    | 43%                      |
| IA                    | 44%                      |
| KY                    | 44%                      |
| MD                    | 45%                      |
| VA                    | 45%                      |
| OR                    | 45%                      |
| MT                    | 46%                      |
| ND                    | 46%                      |
| NY                    | 46%                      |
| MI                    | 47%                      |
| СТ                    | 48%                      |
| MA                    | 49%                      |

| State<br>Abbreviatio<br>n | CRC<br>Screening<br>rate |
|---------------------------|--------------------------|
| WV                        | 51%                      |
| SD                        | 51%                      |
| RI                        | 54%                      |
| GU                        | 56%                      |
| DE                        | 57%                      |
| NH                        | 59%                      |
| VT                        | 59%                      |
| ME                        | 61%                      |
|                           |                          |





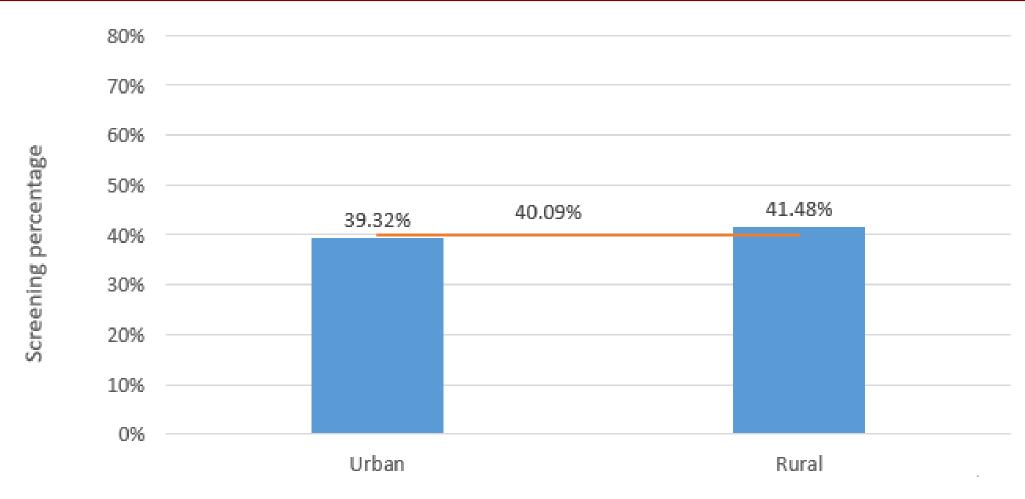
# Frequency distribution of health centers by screening percentage







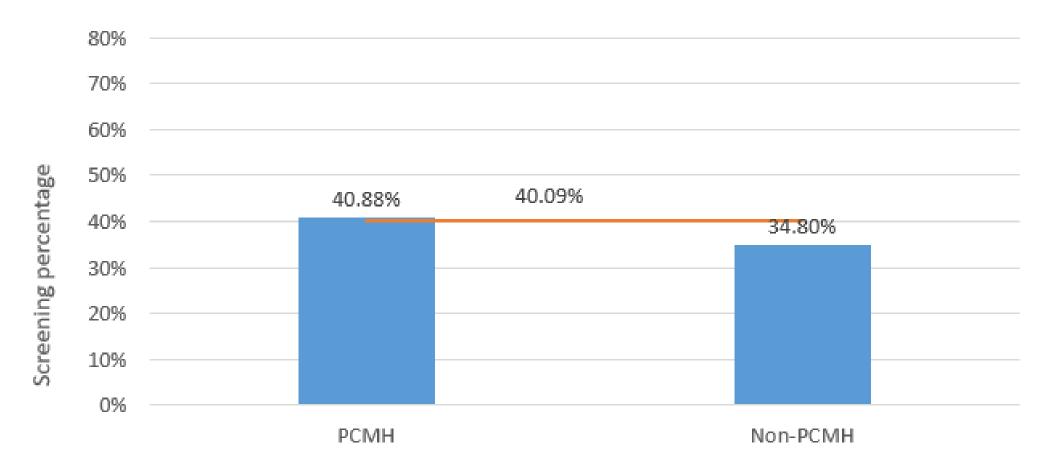
# 2020 UDS Colorectal Cancer eCQM: CMS130v6: Urban vs Rural (Health Center Program only)







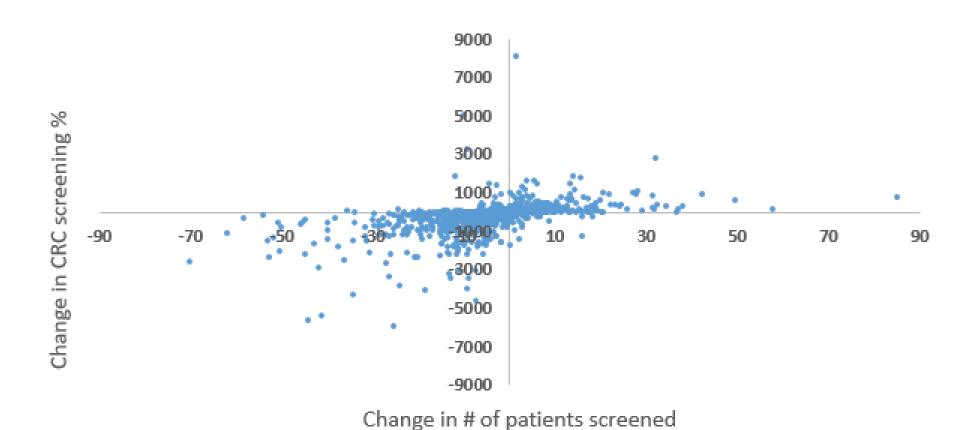
# 2020 UDS Colorectal Cancer eCQM: CMS130v6 By PCMH status (Health Center Program only)







# Change in no of patients screened and CRC screening percentage (2020 vs 2019)





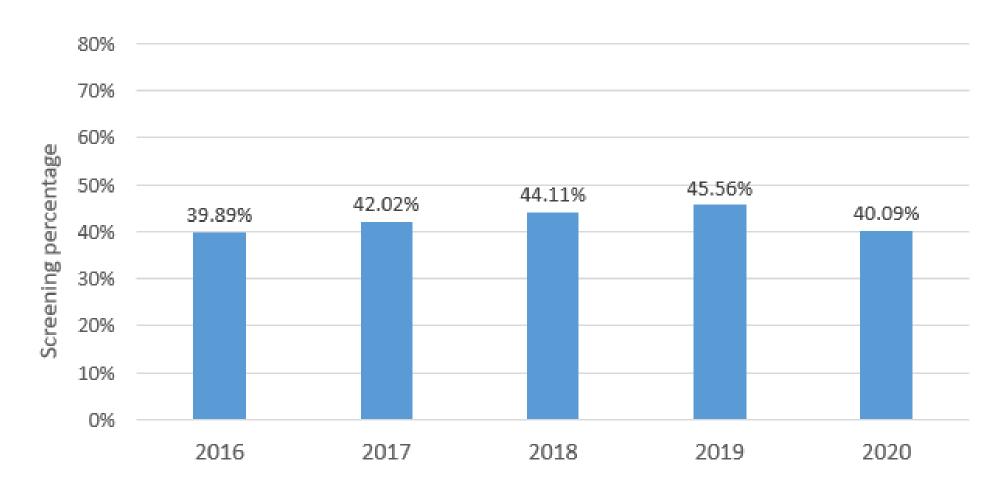


# **Colorectal Cancer Screening in previous years**





# UDS Colorectal Cancer screening rates eCQM: CMS130v6

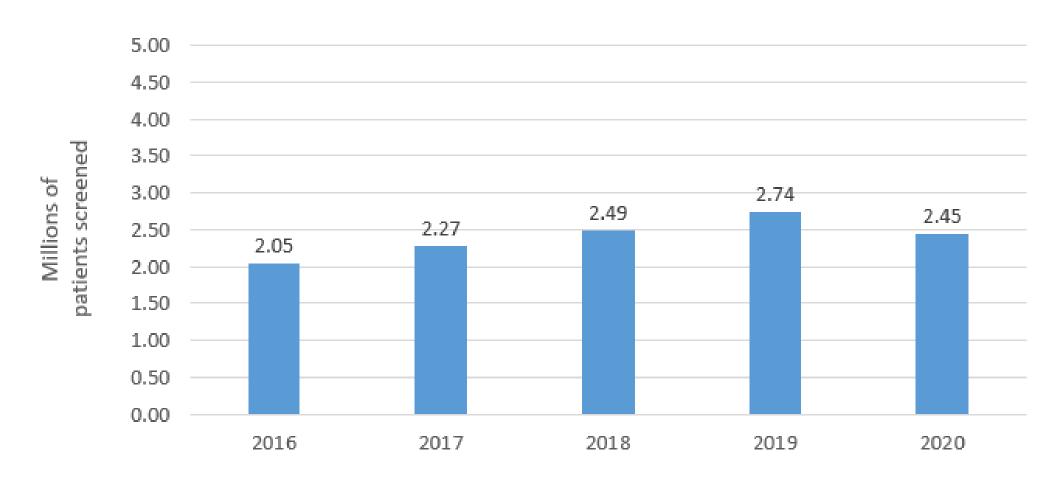




Source: Uniform Data System, 2020



# UDS Colorectal Cancer screening rates eCQM: CMS130v6





Source: Uniform Data System, 2020



#### **Next Steps**





#### **Next Steps**

- Understanding from health centers
  - What were some of the best practices that helped them maintain or increase their screening rates?
  - Did patients have any preference for any particular screening option?
  - How do they plan to sustain those activities/interventions?
- Provide technical assistance to health centers
- Continue to establish and foster partnerships for achieving our goals





#### **Thank You!**

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Bureau of Primary Health Care (BPHC)

Health Resources and Services Administration (HRSA)



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## What do the data tell us? National Health Interview Survey

#### NATIONAL COLORECTAL CANCER ROUNDTABLE

November, 2021 Stacey Fedewa, PhD Surveillance and Health Equity Sciences American Cancer Society



#### National Health Interview Survey (Historical)

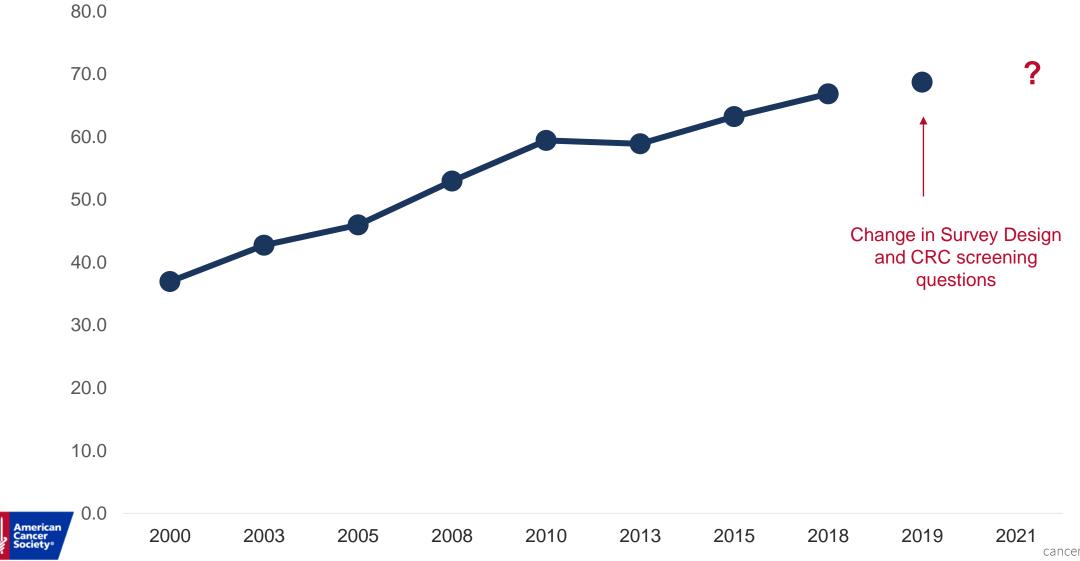
- In-person, household survey among non-institutionalized adults
- Self-reported CRC screening data every 2-3 years
  - Colonoscopy
  - Sigmoidoscopy
  - FIT/gFOBT (hereafter FIT)
  - CT colonography (added in 2010)
  - sDNA/Cologuard (added in 2018)

#### National Health Interview Survey: Recent/Updates

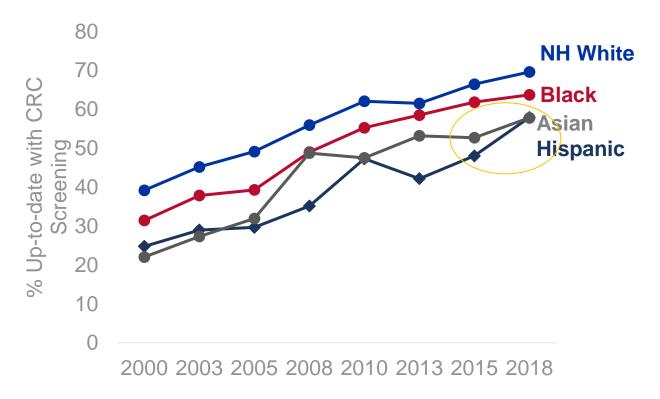
- 2019: Change in survey design, CRC screening questions, and rotation
- 2020: CRC screening data not collected, in-person → telephone → some in-person
  - Changes in response rates
  - Changes on respondent characteristics (more educated)
  - Additional weighting
- 2021: CRC screening data are collected, mix of in-person/telephone



#### % Up-to-date CRC Screening 50-75 years, NHIS 2000-2019

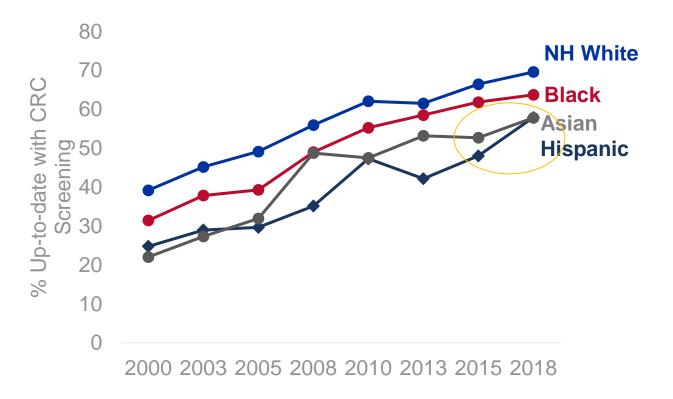


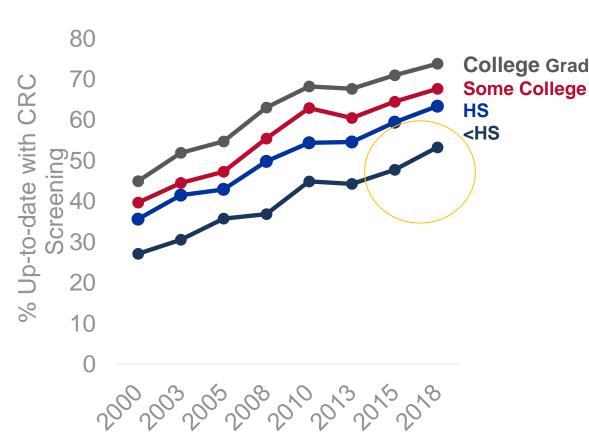
#### **Pre-Pandemic Progress**





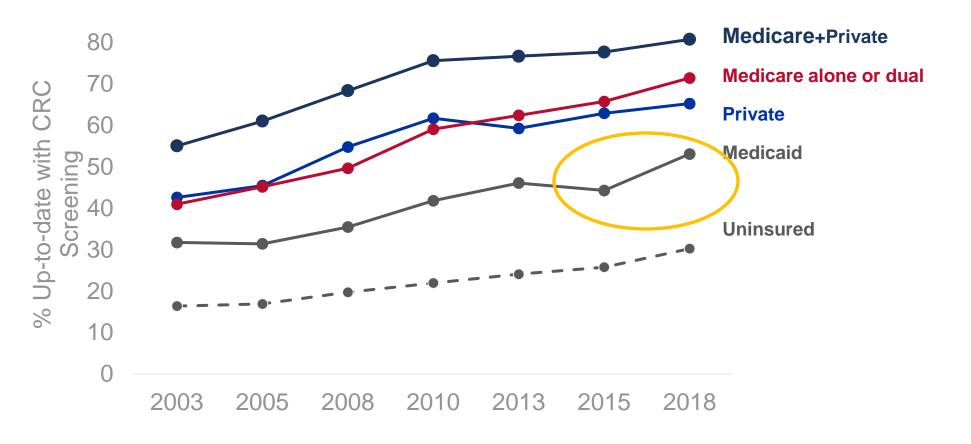
#### **Pre-Pandemic Progress**





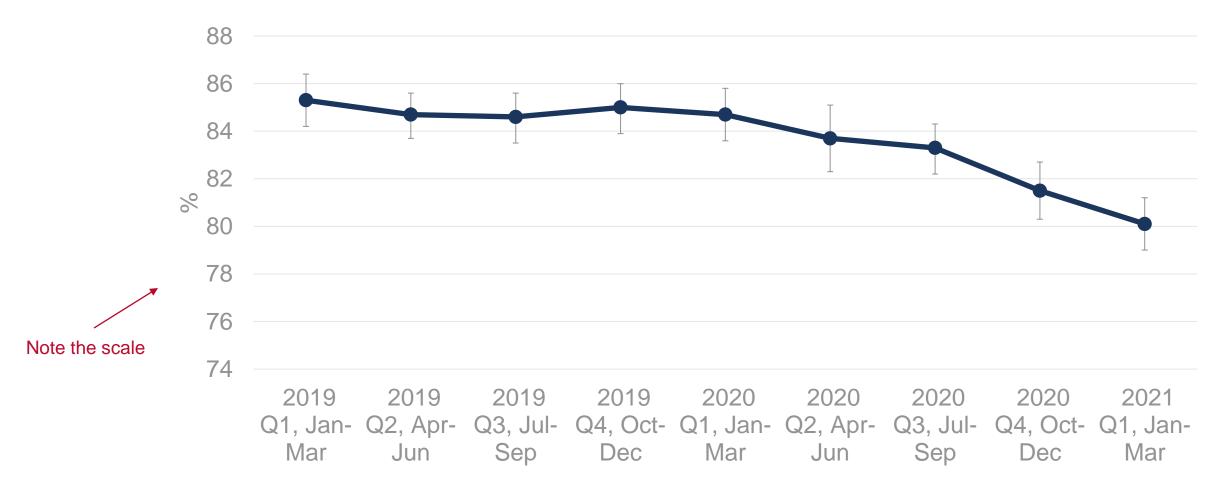


#### **Pre-Pandemic Progress: Insurance**



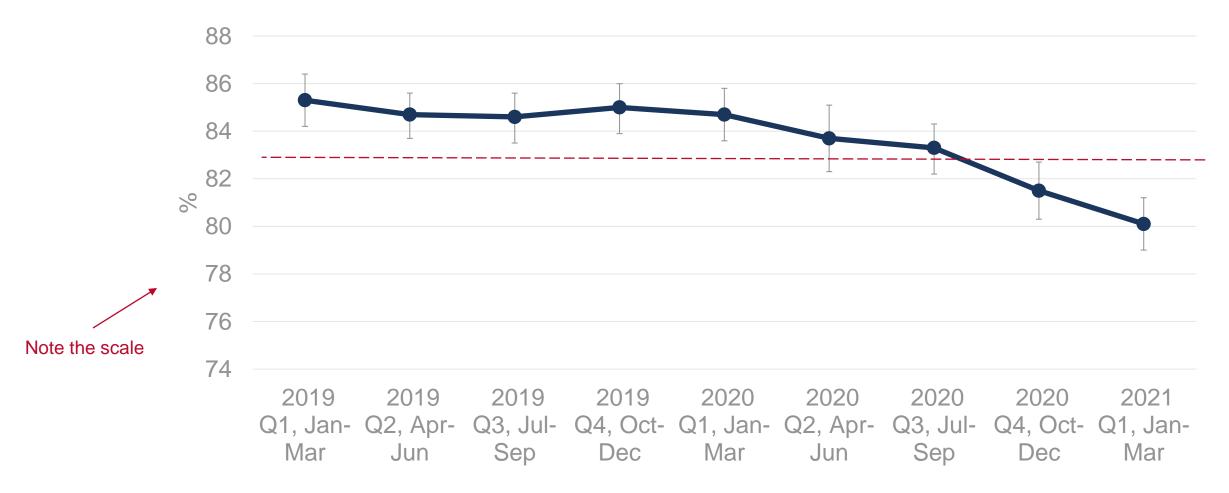


## NHIS 2019-2021: Proportion of Adults Reporting PCP Visit in Past Year According to Interview Quarter





## NHIS 2019-2021: Proportion of Adults Reporting PCP Visit in Past Year According to Interview Quarter





**Source:** National Center for Health Statistics, National Health Interview Survey

#### Conclusions

- Pre-pandemic increases in CRC screening, especially in some groups with lower screening rates and more barriers
- COVID-19 Pandemic influenced survey mode, response rates, and respondent characteristics



### Thank you





Please submit your questions in the Q&A box.

#### **NCCRT National Meeting**

80% in Every Community Conference & NCCRT Annual Meeting – Nov. 15-17, 2021

Presentations by nationally known experts, thought leaders, and decision makers on CRC screening policy and delivery.

nccrt.org/events/





# The 2022 80% in Every Community National Achievement Awards

Submit your nominations by Nov. 19!

nccrt.org/awards





nccrt.org Questions? Contact nccrt@cancer.org