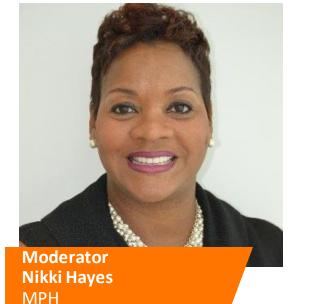
Concurrent Session D

Innovative Approaches to Reaching Your Community for Colorectal Cancer Screening, Inside and Outside of Primary Care

American Cancer Society NATIONAL COLORECTAL CANCER ROUNDTABLE

3:30 PM to 4:45 PM

Innovative Approaches to Reaching Your Community for Colorectal Cancer Screening, Inside and Outside of Primary Care







Mary Carson Brown CHES



Colin Walker



Colorectal Cancer Screening Messaging and Materials for Black and African American Faith Communities

Jamie Thompson Community Engagement Project Director Kaiser Permanente Center for Health Research

Colorectal Cancer Screening Messaging and Materials for Black and African American Faith Communities

Jamie Thompson, MPH Senior Research Associate Community Engagement Director

NCCRT Annual Meeting Thursday November 16, 2023





Agenda

- Working with the AME Church
 Key Learnings
 Materials + Messaging
- 4. Next Steps

Our Partners

- Funded by the CDC and awarded to the American Cancer Society
- Kaiser Permanente Center for Health Research led the community engagement process







KAISER PERMANENTE.

Working with the AME Church

A Community Engagement Approach*

PURPOSE Engage participants in translating health information into ideas, messages, and materials that are understandable and meaningful to the local community

Listen	Empower	Co-Create
Listen to the community.	Empower participants.	Create messages & materials.
What questions do you want to answer? What deliverables do you want at the end of this process?	Who are the expert presenters? Where should this community engagement work take place?	What messages would motivate members of your community to get screened? How should those messages be delivered to the community?

Key Questions

What faith-based colorectal cancer screening messages resonate with the AME community?

What kind of **role can the church play** in bringing colorectal cancer information to the AME community?



Recruitment

- Meetings with AME Church leaders
- Surveys with AME Church leaders and congregants
- Two-phase recruitment approach
 - Church clergy recruited parishioners
 using recruitment flyer (right)
 - Study team member attended an AME Church Atlanta East District-wide meeting to continue recruitment **in-person**





Support for this work is provided by the American Cancer Society, through a cooperative agreement funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the American Cancer Society, or the Centers for Disease Control and Prevention, or the Department of Health and Human Services.

In-Person Session

- Saturday October 22, 2022
- 9am 2pm (5 hours)
- 27 congregants
- Expert presentations included CRC health information, discussion on barriers to CRC screening, role of the church in promoting screening
- Followed by two virtual sessions (1 hour each) to review and provide feedback on draft materials and messaging







Key Learnings

Themes

1. Incorporate faith-based concepts into health messaging

- Faith over fear! Get screened for colorectal cancer today.
- Honor God by taking care of your body. Get screened for colorectal cancer today.
- Your faith, your health. Get screened for colorectal cancer today.
- Listen to the gospel's call to live whole and healing lives. Get screened for colorectal cancer today.

2. Increase CRC awareness and knowledge through personal connections

- Share your cancer story. It can save lives.
- I need you to survive. Get screened for colorectal cancer today.
- 3. Empower individuals to take control of their colorectal health through the strength of their community
 - You are not alone. We are in this together.
 - There is nothing we cannot talk about on a Sunday morning.

Materials + Messaging

Fact Sheets



YOUR FAITH, YOUR HEALTH Honor God by taking care of your body.

任

American Cancer Society

Do you not know that your body is THE TEMPLE OF THE HOLY SPIRIT who is in you, whom you have from God, and you are not your own? (I Corinthians 6:19)

ime Management

Be very careful, then, how you live - not as unwise but as wise, making the most of every opportunity, because the days are evil. (Ephesians 5:15-16)

at Right and Rehydrate

Do not join those who drink too much wine or gorge themselves on meat. (Proverbs 23:20)

anage Yourself

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God - this is your true and proper worship. (Romans 12:1)

lenty of Rest and Sleep

...he said to them, "Come with me by yourselves to a quiet place and get some rest." (Mark 6:31)

ive for the Lord

NEXT

10

YEARS

So whether you eat or drink or whatever you do, do it all for the glory of God. (I Corinthians 10:31)

ncourage Others to do the Same

Therefore encourage one another and build each other up, just as in fact you are doing. (I Thessalonians 5:11)

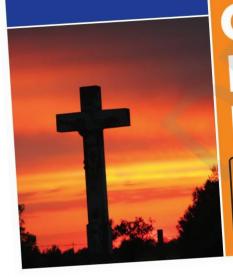
Talk to your doctor about the right colorectal cancer screening test for you. For more information, visit cancer.org

- Two-sided fact sheet with CRC information and faith messaging
- Key messages from ullet**Reverend Garland** Higgins' presentation
- Color purple for ulletroyalty and faith

Pamphlet

Your Faith, Your Health.

Listen to the gospel's call to live whole and healing lives. Get screened for colorectal cancer today!



Honor God by taking care of your body. Stop cancer by getting screened today.

> olorectal cancer happens more often in Black people.

ct now if you're 45 or older! Get screened today.

ever too late to make ealthy lifestyle changes.

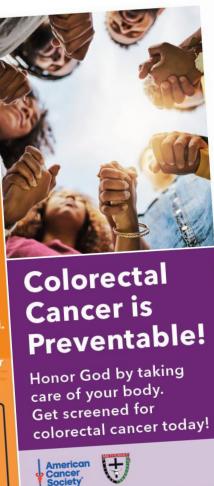
are for your whole body and spirit.

at plenty of fruits and vegetables, and stay hydrated.

egular exercise reduces your risk of colorectal cancer.

Talk to your doctor about which screening test is right for you.

For more information, visit cancer.org



ake control of your health. 're 45 or older, reened today! affordable options. n is a ome a FIT. hidden Ir stool od is loctor nd ΤΟ

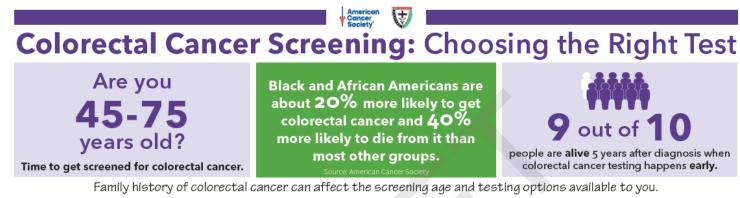
CTOR

sint for you!

option

- Incorporate faithulletbased messaging
- Explicitly call out • stopping cancer
 - Include specific CRC statistics related to Black and African American communities

Screening Decision Aid



Talk with your provider about the best choice for you.

	FIT	FIT-DNA	CT Colonography	Colonoscopy
What is it?	Checks for blood in the stool	Checks for blood and altered DNA in the stool	Checks for polyps (small growths) in your colon that can become cancer using X-ray imaging	Checks for polyps (small growths) in your colon that can become cancer using a flexible tube
How do I complete the test?	 At-home test No prep needed Uses a water sample from your stool Mail the test to the lab or return it to clinic 	 At-home test Delivered to your door No prep needed Collect a stool sample Mail the kit to the lab 	 Out-patient procedure Minimally invasive No sedation required Prep needed - you must clear your colon by using medication before the test 	 Out-patient procedure Your provider will refer you to a trusted specialist near you Prep needed - you must clear your colon by using medication before the test
How often should it be repeated?	Every year if test result is normal	Every 3 years if test result is normal	Every 5 years if test result is normal	Every 10 years if findings are normal
Things to consider	You will need a colonoscopy if your result is abnormal	You will need a colonoscopy if your result is abnormal	You will need a colonoscopy if your result is abnormal	 Calls for anesthesia Specialist will remove any small growths found and send them for further testing You will need a ride to and from the visit

- Present information about CRC screening options in a clear and simple format
- Add specific CRC statistics related to Black and African American communities

Faith Over Fear (message card)



Faith over fear! Get screened for colorectal cancer today.

This publication is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$425,000 with 100 percent funded by CDC/HHS The contents are those of the authority and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS, or the U.S. Government.

Faith over fear! Get screened today!

STOP CANCER



Society

American Cancer

olorectal cancer happens more often in Black people.

A ct now if you're 45 or older! Talk to your doctor about which screening test is right for you.

- ever too late to make healthy lifestyle changes.
- 🕻 are for your whole body and spirit.
- at plenty of fruits and vegetables, and stay hydrated.

R egular exercise reduces your risk of colorectal cancer.

TALK TO YOUR DOCTOR TODAY! For more information, visit cancer.org

Dear God (message card)



Dear God...

Dear God...

Please keep my grandpa extra safe today. He has to do a test at the doctor's office and he's feeling scared. Please promise me that you will be watching over him and help him to be brave and strong. Thank you for always being with me.

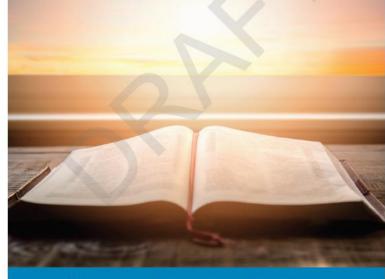
"Faith is confidence in what we hope for and assurance about what we do not see." Hebrews 11:1

Talk to your doctor about the right colorectal cancer screening test for you. For more information, visit cancer.org

[ADD PROVIDER CONTACT INFORMATION & LOCAL RESOURCES]

Honor God (message card)

American Cancer Society



Honor God by Taking Care of Your Body

The Bible encourages you to take care of your body. Do you not know that your body is THE TEMPLE OF THE HOLY SPIRIT who is in you, whom you have from God, and you are not your own? (I Corinthians 6:19)

ime Management

Be very careful, then, how you live - not as unwise but as wise, making the most of every opportunity, because the days are evil. (Ephesians 5:15-16)

at Right and Rehydrate

Do not join those who drink too much wine or gorge themselves on meat. (Proverbs 23:20)

anage Yourself

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship. (Romans 12:1)

lenty of Rest and Sleep

...he said to them, "Come with me by yourselves to a quiet place and get some rest." (Mark 6:31)

ive for the Lord

So whether you eat or drink or whatever you do, do it all for the glory of God. (I Corinthians 10:31)

ncourage Others to do the Same Therefore encourage one another and build each other up, just

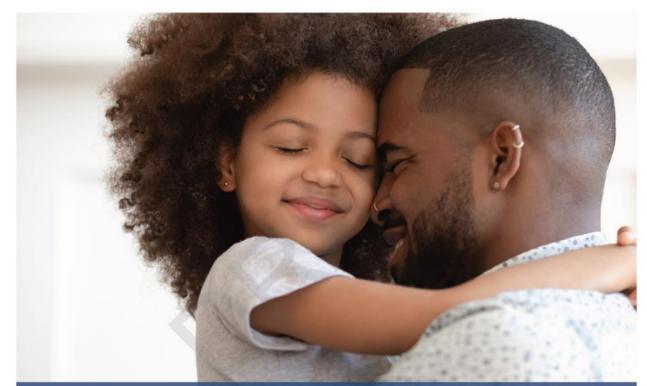
as in fact you are doing. (I Thessalonians 5:11)

Reverend Garland Higgins, Executive Pastor, Antioch AME Church

If you're 45 or older, talk to your doctor about which colorectal cancer screening option is right for you. For more information, visit cancer.org

- Incorporate scripture into messaging
- Focus on taking care of your whole body
 - Incorporate key messages from Reverend Garland Higgins' presentation during the in-person session
- Use a photograph that illustrates faith, hope, and life

I Need You to Survive (message card)



You are important to me. I need you to survive. Get screened for colorectal cancer today!

I Need You to Survive.

I need you, you need me We're all a part of God's body Stand with me, agree with me We're all a part of God's body It is His will that every need be supplied You are important to me, I need you to survive...

Lyrics from "I Need You to Survive" Song by Hezekiah Walker and The Love Fellowship Choir

This publication is supported by the Centers for Disease Centrol and Prevention of Ne U.S. Department of Health and Human Services (HHS) part of a financial assistance award totaling \$152,000 with 100 percent finals/dby COC/HIG. The contents are those of the authority and do in necessarily represent the official view of new and Persentity, COC/HIG. The U.S. Government. American Cancer Society

ţ,

If you're 45 or older, talk to your doctor about the right colorectal cancer screening test for you!

For more information, visit cancer.org

Ruth



Share your cancer story. It can save lives.

My name is Ruth. When I turned 45, my doctor recommended that I complete an easy at-home colorectal cancer screening test called a FIT. It came back abnormal. My doctor said I had to get a follow-up colonoscopy and the results showed that I had stage 1 colorectal cancer.

I was so surprised because I had no symptoms, felt totally fine, and don't have a family history of cancer. I was scared too, but found comfort and strength in my faith knowing that God is with me. I'm so grateful that I got screened ontime. My cancer was found early and could be easily treated!

Don't delay - get screened today!

Learn more about colorectal cancer and screening options at www.cancer.org. Talk to your doctor today!

Cynthia



My name is Cynthia. I lost my father, Daryl, to cancer at the age of 61. He was diagnosed with stage 4 colorectal cancer. He didn't want to get screened, but the cancer might have been prevented if he did. Don't let your family lose you too.

My father didn't get a chance to beat cancer, but you can still beat it!

Testing saves lives, but only if people get tested. There are affordable screening options – talk to your doctor about which colorectal cancer screening test is right for you.

Learn more about colorectal cancer and screening options at www.cancer.org. Talk to your doctor today!

Henry



Share your cancer story. It can save lives.

My name is Henry. I was diagnosed with stage 4 colorectal cancer at age 47. Earlier this year, I had blood in my stool, but I ignored it. I was always tired, but I was working 12-hour shifts and just didn't have time to go to the clinic. I finally decided to see my doctor after getting a colorectal cancer screening pamphlet at church. Because of my symptoms, my doctor told me I needed a colonoscopy right away. The results showed I had cancer.

Trust your body. Looking back, I wish I had made the time to get screened when my doctor first recommended it when I turned 45. Keep fighting the fight. I'm here today because cancer did not win. I did!

Learn more about colorectal cancer and screening options at www.cancer.org. Talk to your doctor today!

Tamika



Share your cancer story. It can save lives.

My name is Tamika. I'm 54. I kept getting messages from my doctor's office that I needed to get screened for colorectal cancer using an at-home test called a FIT but no one explained why. I had so many questions! Where would my test sample go? What would they do with my sample?

I felt nervous but God gave me the strength to talk to friends at church and the faith to contact my doctor and put trust in my medical care. My fear of completing the test was nothing compared to my fear of dying from colorectal cancer.

My FIT test came back abnormal and I needed to get a follow-up colonoscopy. I was diagnosed with stage 2 colorectal cancer. Luckily, my cancer was found at an early stage and could be treated.

Faith over fear! Your life depends on it – get screened for colorectal cancer today.

Learn more about colorectal cancer and screening options at www.cancer.org. Talk to your doctor today!

Next Steps

Sharing This Work



Print Materials

- Fact Sheets
- Pamphlet
- Screening Decision Aid
- Message Cards
- Personal Stories



Social Media Campaign

- Create and share new videos
 - Personal stories (testimonials)
 - Expert content
 - Educational segments
- Promotion of print materials



Other

- A Guide for Churches to Share Faith-Based Colorectal Cancer Screening Messages
- Community Action Plan

Jamie Thompson, MPH

Senior Research Associate Community Engagement Director Jamie.H.Thompson@kpchr.org www.MailedFIT.org

Thank You





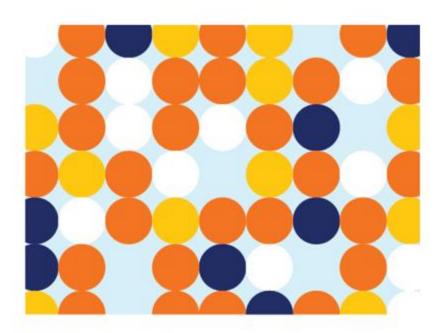
Thank You

nccrt.org @NCCRTnews #80inEveryCommunity



Developing a Tailored Messaging Guide for Comprehensive Cancer Coalitions

Mary Carson Brown, CHES One Health Insights



Tailoring Colorectal Cancer Screening Messaging

A Practical Coalition Guide



COLORECTAL CANCER

Developing a Tailored Messaging Guide for Comprehensive Cancer Coalitions

Mary Carson Brown, Project Coordinator One Health Insights

Project Goals

- 1. Develop clear steps for tailoring CRC screening messages
- 2. Create a guide that is concise and actionable
- 3. Accompany existing ACS NCCRT guides and toolkits

What is tailored

messaging?

Tailored messaging is a strategy for healthcommunication where an individual's needs, beliefs,motivations, and behaviors are considered whendeveloping and disseminating health information.

Case Study

Organizations

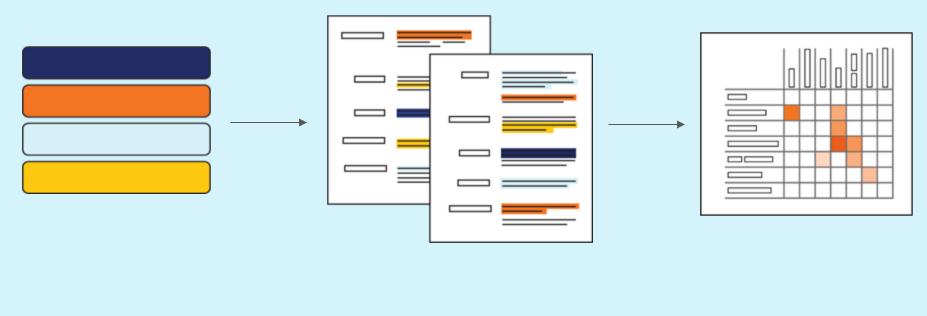
- AltaMed
- Colorectal Cancer Alliance
- HealthPartners
- Kaiser Permanente Center for Health Research
- Nebraska Cancer Coalition (NC2)

We wanted to focus

on how.

- How did organizations get to know their target audience?
- How did they identify and engage community members?
- How did they adapt existing NCCRT materials?
- How did they go about evaluating and sustaining their efforts?

Qualitative Analysis



Develop codebook

Apply codes

Analyze

Code Relations

"We were able to gain firsthand knowledge from patients who have been going through the process to understand their barriers, to understand what specifically called out to them.

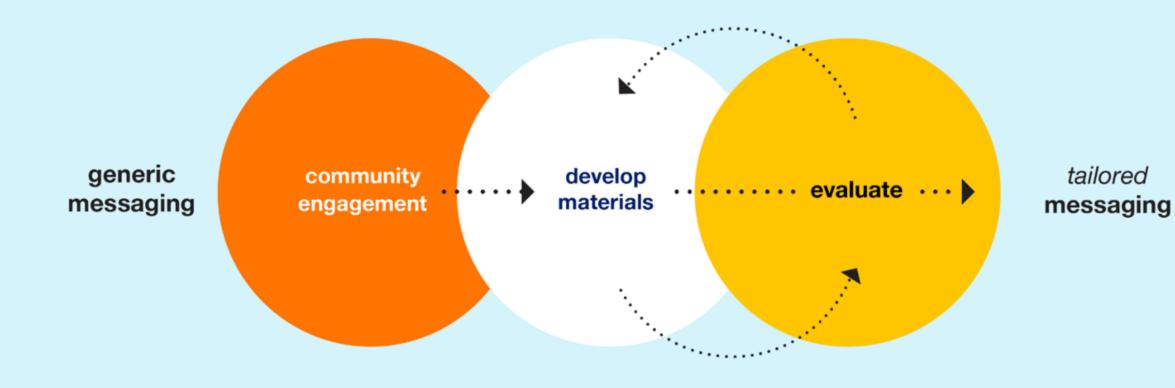
Resonance Understanding Audience

For example, some of the family messaging, some of the statistics. They were really into numbers. They wanted to know that this was super prevalent and that their community in particular was being affected."

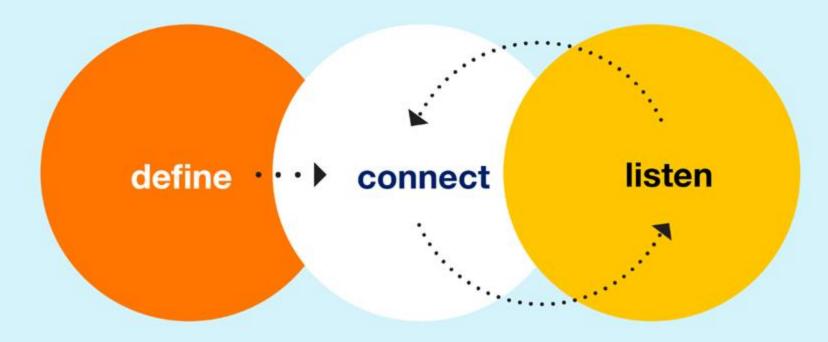
What did we learn?

- Engage with and understand your audience
- Develop materials based on community member expertise
- Evaluate your efforts to inform future campaigns
- Partner with relevant organizations to further your goal

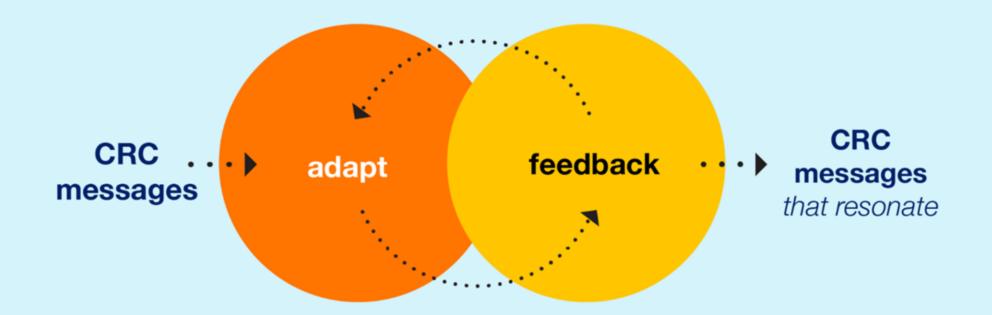
Tailored Messaging



Community Engagement



Develop Materials that Resonate



Evaluate

"From 2022 to 2023, one of the biggest changes that we made was around the information about *returning* FIT kits because we were seeing a large percentage of our population ordering the kit but not returning it.

So in 2023, we made some content changes on our envelope and then in our emails as well, to talk about returning the kit..."

Partner

- Other coalitions
- CRC advocacy groups
- Patient advisory boards
- Media companies
- Influencer marketing companies

Putting it all Together

- Best practices in action
- Tips for working with limited resources
- Direct quotes
- Links to resources
- Example materials

1. Define Your Target Audience

The first step in any takened messaging campaign is to define your target audieno coalition need to reach and why? Think about what barriers might prevent people getting correspend, and who in your community is disproportionately impacted by th

Tips and Strategies

Here are some strategies the organizations we spoke with utilized to establis

 Consider the data your organization may have access to, such as electronic health records (EHR) and demographic data, claims data, or evaluation data from past interventions and messaging campaigns.
 Conduct a litera screening neses (Utilize (sposta, where priority p identified.

where privile and a sources like state and local level screening rates.



We're small and haven't had the luxury of commis We've had to basically go off what's been publish what's out there in the public health world, and in It's been a combined experience of [our team's] e existing research on our demographic, as it interse

ACS NCCRT Tailoring CRC Screening Messaging

Community

Engagement

Fostering and maintaining community engagement can be challenging. However, building relationships with the community you're trying to reach is a crucial aspect of developing meaningful tailored messaging.

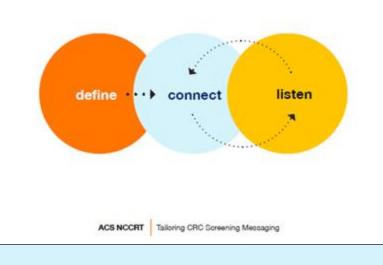
Ultimately, the people that know your target audience best are the community members themselves. Involving them from the beginning not only increases your ability to create messaging that reconstee, but also ensures that community members feel like a valued part of the process. Organizations that prioritized the involvement of community members from the start found that maintaining engagement waan't as difficult because participants understood they were a valued part of the process and were invested in the outcome.

Developing a trusting, mutually beneficial relationship with your target audience takes time. To develop those relationships, you need to:

- 1. Define your target audience and the issues(s) they are facing.
- 2. Connect with community members.
- 3. Listen to their concerns, values, and beliefs regarding the health issue(s).

Keep in Mind:

Tailored messaging requires engagement from your target audience throughout the entire process, from understanding the needs of the target audience to developing messaging and evaluating it for resonance.



th Community Members

y members can help your coalition gain crucial perspectives and insights that you therwise. Outside partners already established in the community of interest can be R. participation, and buy-in.





6

Bootcamp Translation

- In-person/Virtual sessions with members of target audience
- Become experts on health topic
- Brainstorm, adapt, and review changes to materials

Strategy Spotlight: Boot Camp Translation

BCT Aims to Answer:



 How do we need to disseminate that message to our community?

About Boot Camp Translation: One highly effective strategy for tailoring health messaging is Boot Camp Translation (BCT),

When the <u>High Plains Research Network</u> and its Community Advisory Council (made up of farmera, teachera, and other community members in eastern Colorado) identified a lack of community knowledge about colon cancer, they developed BCT to translate evidence-based medical recommendations into accessible and meaningful health messaging.

The BCT process involves a combination of faceto-face sessions, short, focused teleconferences, and numerous mail or email communications to educate participants, brainstorm potential adaptations to existing messaging, and develop locally relevant action-based messages.² Depending on how it is modified, BCT requires a commitment from community members of 20-25 hours over the course of 4-12 months.³ The process can be modified to be completed in 8 weeks and virtually.

Typical BCT Schedule:

1 Full Day In-Person Session

- robust presentations from local medical experts reflective of the target audience
- facilitated conversation about health condition and evidence-based recommendations
- brainstorm what the messaging should say and how it should be shared

Round 1: Follow-Up Phone Calls

- determine focus of phone calls with input from participants
- begin developing main messaging
- solidify target audience

3 Half-Day In-Person Session

- refine and narrow language for messaging
- brainstorm dissemination plan
- discuss evidence-based recommendations with group to inform messaging

4 Round 2: Follow-Up Phone Calls

- continue to narrow and refine messaging and dissemination
- share any mockups with participants for feedback

Half-Day In-Person Session

- finalize messaging language
- present mockups for input
- address next steps

We really like [BCT] because it's focused on building a community-based solution. It's engaging the population of focus to develop materials. It's really about local health problems and concerns and focusing on the community at hand.

- Kaiser Permanente Center for Health Research

Case Studies

- Project goals
- Target audience
- ACS NCCRT toolkits referenced
- Materials developed
- Highlights
- Advice for other organizations

Nebraska Cancer Coalition (NC2) Time To Fight Back 2023

Project Description:

- Goal: Create an awareneos campaign that combats the lack of information and misinformation about colorectal cancer in Nebraska; heighten awareneos of lifecaving colorectal cancer screening
- Target Audience: Nebraskana, ages 45-75 who are uncoreened or know someone who is uncoreened, with an emphasis on rural communities
- Primary ACS NCCRT toolkits used: 2019 80% In Every Community Messaging Guidebook: Recommended Messaging To Reach The Unscreened (specifically section on 'rural dwellers'); 2022 Messaging Guidebook for Black & African American People
- Materials developed: News release: flyers, posters; social media content; radio and video interviews

Highlights:

- Created materials to address the reduced recommended screening age to 45.
- ensure they reconate with the specific target audience.
- Increased relevance to target audience by tailoring data with statewide statistics.
- Primarily worked with healthcare providers and local partners to distribute CRC information and materials.
- Developed materials in multiple languages based on target audience, including English, Spanish, and Arabic.

Tailored images of individuals in all materials to

- Made materials co-brandable to amplify their
- Made materials co-brandable to amplify the usage state and nationwide.
- Created social media materials to promote "Dress in Blue Day" to raise awareness for colon cancer.
- Partnered with agricultural partners to push digital and print materials.
- engagement of the campaign, including social listening to track comments and hashtags.

What advice would you give to an organization about to start their own

tailored messaging campaign?

Talk with your partners and develop a relationship! Ask them, what works in their communities. Do not assume that you know all the answers. It is about listening to your partners and tailoring materials to meet the needs of the communities and those we serve.

INTERVIEWEES:

Tamara Robinson Program Director Nebracka Cancer Coalition

Final Thoughts

Tailoring Colorectal Cancer Screening Messaging: A Practical Coalition Guide



- 1. Community members are the experts
- 2. Don't reinvent the wheel
- 3. You aren't alone in this



USE YOUR DATA. CHANGE THE WORLD.

Mary Carson Brown, Project Coordinator mc.brown@onehealthinsights.com





Thank You

nccrt.org @NCCRTnews #80inEveryCommunity