

Colonoscopy Screening

1st meeting

Name:		
Address:		
Email:		
Telephone #1:	Always attempt to two phone #s	
Telephone #2:		
Referring clinician/address:		
Initial face-to-face meeting (1-5 weeks before appointment)	Date	
• Discussion of importance of colonoscopy		
• Provide educational literature?		
Does patient meet screening criteria?	Yes/No	
• >50 yrs old and >10 yrs since last colonoscopy		
• >40, first degree relative colon Ca and >5 yrs since last colonoscopy		
• Proven adenomatous polyp, >5yrs since last colonoscopy		
Medication Review	STOP Date	Don't STOP
• Aspirin, Plavix (clopidogrel) * need MD clearance, ideally stop 5 days Plavix (clopidogrel) Effient		
• Coumadin (warfarin) * need MD clearance, ideally stop 4 days Xarelto		
• Diabetes meds Metformin, Januvia, glyburide * need MD clearance, usually hold oral agent morning of test Insulin * need MD clearance, usually half dose insulin night before and morning of test		
• Anti-hypertensives (BP meds)		X
• Iron and iron-containing vitamins	1 week before	
• ALL other meds can be held on the day of appointment		
• Patient given written instructions about medications? (Yes/No)		

Bowel Prep	
• Provide copy of bowel prep in native language	
• Review bowel prep (in native language, if possible)	
• Review with patient specific times to take laxative	
• Review with patient “Clear liquid diet,” provide patient with diet list	
Appointment	
• Date and Arrival time	
• Estimated departure time (usually ~3 hrs after arrival)	
• Appointment card given to patient?	
Transportation	
• Review need for driver (if public transportation, must be accompanied)	
• Patient’s transportations plans (who, how): Name: Phone:	

Colonoscopy Screening

1-3 weeks before

Second face to face meeting mandatory if initial meeting > 5 weeks before colonoscopy

Bowel Prep

- | | |
|---|--|
| • Provide copy of bowel prep in native language | |
| • Review bowel prep (in native language, if possible) | |
| • Review with patient specific times to take laxative | |
| • Review with patient “Clear liquid diet,” provide patient with diet list | |

Appointment

- | | |
|---|--|
| • Date and Arrival time | |
| • Estimated departure time (usually ~3 hrs after arrival) | |
| • Appointment card given to patient? | |

Transportation

- | | |
|--|--|
| • Patient’s transportations plans (who, how):

Name:

Phone: | |
|--|--|

Screening Colonoscopy – Telephone Calls

One week before appointment	
• Remind patient of date and arrival time	
• Confirm transportation plans	
• Brief review of bowel prep	
• Review clear liquid diet	
• Review medication list	
One day before appointment	
• Ask how prep is going	
• Remind importance of increased fluids - Must drink “beyond thirst” At least extra ½ gallon over 24 hours	
• Remind importance of two doses of prep, separated by at least 4-6 hours	

Record of additional phone calls	Date
Patient concern/question: Resolution:	
Patient concern/question: Resolution:	