# Colorectal Cancer Mortality 101



Tyler Kratzer, MPH ACS Colorectal Cancer Mortality Disparities Learning Community May 1, 2025

### **Outline/Objectives**

- Cancer surveillance overview
- Colorectal cancer basics
- Current state of colorectal cancer mortality
- Disparities by race/ethnicity and state



#### **Surveillance Research Basics**

What does ACS surveillance research do?

☐ Compile and disseminate current scientific information on cancer occurrence



#### **Data sources**

#### Incidence

- Surveillance, Epidemiology, & End Results (SEER) Program, NCI
  - ✓ Long-term
  - ✓ Limited population coverage
  - ✓ Survival, probability of developing/dying, prevalence
- National Program of Cancer Registries, CDC
  - ✓ Since 1995
  - ✓ More complete
- North American Association of Central Cancer Registries (NAACCR)
  - √ ~100% coverage in recent years
  - ✓ Delay-adjusted from 1998 (90% coverage)





# Data sources and analysis



#### **Mortality**

#### National Center for Health Statistics

Underlying cause of death recorded on death certificates filed in 50 states & DC

- ✓ 1930-2023
- √ 99+% population coverage

#### **Additional statistics**

- 2025 Case/Death Estimates
  - ✓ Spatio-temporal modeling & projection
  - ✓ Method revised in 2021
- Trend & other analyses NCI software
  - ✓ SEER\*Stat, version 8.3.9
  - ✓ Joinpoint Regression Program, version 4.9.0.1





# Data sources and analysis



#### Cancer Screening Prevalence

#### National Health Interview Survey

- ➤ National Center for Health Statistics
- Computer assisted in-person interviews of adults 18 years and older
- National estimates on health behaviors such as cancer screening

#### Behavioral Risk Factor Surveillance System

- > CDC
- ➤ Computer-assisted telephone interviews of adults 18 years and older
- > State estimates on health behaviors such as cancer screening





# **ACS tracks colorectal cancer in the US**

#### **Occurrence**

<sup>3</sup>Early Cancer Detection Science, American

Rebecca L. Siegel, Surveillance Research,

American Cancer Society, 3380 Chastain Meadows Parkway NW, Suite 200, Kennesaw,

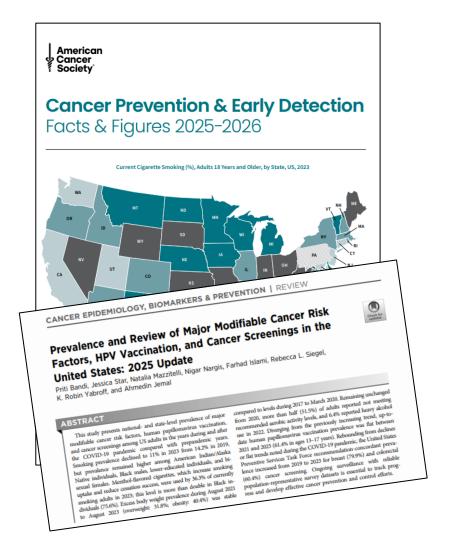
Cancer Society, Atlanta, Georgia, USA

#### American Cancer Society Colorectal Cancer **Facts & Figures 2023-2025** Colorectal Cancer Screening\* (%), Adults 45 Years and Older by State, 2020 Colorectal cancer statistics, 2023 Rebecca L. Siegel MPH<sup>1</sup> | Nikita Sandeep Wagle MBBS, MHA, PhD<sup>1</sup> | Andrea Cercek MD<sup>2</sup> | Robert A. Smith PhD<sup>3</sup> ○ | Ahmedin Jemal DVM, PhD<sup>1</sup> Colorectal cancer (CRC) is the second most common cause of cancer death in United States. Every 3 years, the American Cancer Society provides an update of CRC statistics based on incidence from population-based cancer registries and rveillance and Health Equity Science, American Cancer Society, Atlanta, Georgia, mortality from the National Center for Health Statistics. In 2023, approximately 153,020 individuals will be diagnosed with CRC and 52,550 will die from the disease, including 19,550 cases and 3750 deaths in individuals younger than Kettering Cancer Center, New York, New

American Cancer Facts & Figures 2025 Rebecca L. Siegel MPH<sup>1</sup> | Tyler B. Kratzer MPH<sup>1</sup> | Angela N. Giaquinto MSPH<sup>1</sup> | Cancer statistics, 2025 Each year, the American Cancer Society estimates the numbers of new cancer cases and deaths in the United States and compiles the most recent data on populationbased cancer occurrence and outcomes using incidence data collected by central <sup>1</sup>Cancer Surveillance Research, American cancer registries (through 2021) and mortality data collected by the National Center Cancer Society, Atlanta, Georgia, USA 50 years. The decline in CRC incidence slowed from 3%-4% annually during the for Health Statistics (through 2022). In 2025, 2,041,910 new cancer cases and <sup>2</sup>Surveillance and Health Equity Science, 2000s to 1% annually during 2011-2019, driven partly by an increase in in-American Cancer Society, Atlanta, 618,120 cancer deaths are projected to occur in the United States. The cancer mordividuals younger than 55 years of 1%-2% annually since the mid-1990s. tality rate continued to decline through 2022, averting nearly 4.5 million deaths since Georgia, USA Consequently, the proportion of cases among those younger than 55 years 1991 because of smoking reductions, earlier detection for some cancers, and increased from 11% in 1995 to 20% in 2019 Tocidence since citics 2010 increased Rebecca L. Siegel, Cancer Surveillance Research, American Cancer Society, 270 Peachtree Street NW, Suite 1300, Atlanta, GA

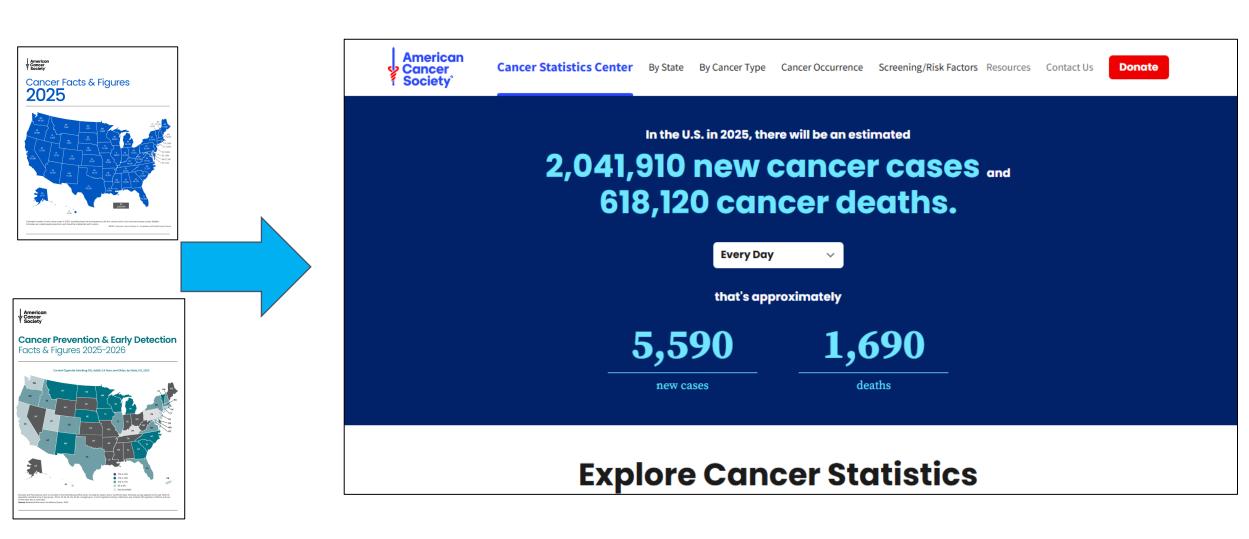
30303, USA.

# **Screening & Risk Factors**



cancer.org/statistics

#### **Cancer Statistics Center**



#### cancerstatisticscenter.cancer.org

#### **Surveillance Research Basics**

#### Important terms

#### **Cancer Incidence Rate**

- The number of people who have a new diagnosis of cancer within a defined population
- During a specified time period
- Incidence rates are usually given as the count per 100,000 population
- Adjusted to account for differences in age
- Example: 455.6 cancer cases per 100,000 people in the US during 2017 to 2021

#### Relative cancer survival rate

- Shows whether a type of cancer shortens the expected lifespan
- Compares survival of a group with cancer to that of a group without cancer
- Groups are of the same age, race, and sex
- Uses a specified period of time, typically 5 years after diagnosis
- Example: 64% of people diagnosed with colorectal cancer during 2014 to 2020 were alive 5 years after diagnosis



#### **Surveillance Research Basics**

#### **Important terms**

#### **Cancer mortality rate (also called cancer death rate):**

- The number of people who die from cancer within a defined population.
- Reported as the number of deaths per 100,000 people.
- The cancer death rate is not confined to people with cancer, it includes all people in the population.
- For example, the cancer death rate for Black women is the number of Black women who die from cancer out of every 100,000 Black women in a population (not out of 100,000 women with cancer).
- Death rates are the best measures researchers use to track progress against cancer.
- Like incidence rates, mortality rates are adjusted for differences in age.



### Why do we age adjust?

☐ Age is the biggest risk factor for developing cancer

- ☐Populations grow and age
- □Allows comparison of rates in populations with distinct age distributions, such as different years



#### **Surveillance Research Basics**

#### What does ACS surveillance research do?

- ☐ Compile and disseminate current scientific information on cancer occurrence
- ☐ Project the numbers of new cancer cases and deaths expected each year



#### Leading Sites of New Cancer Cases and Deaths – 2025 Estimates



	Male				Female			
	Prostate	313,780	30%	Brea	ast	316,950	32%	
	Lung & bronchus	110,680	11%	Lung	g & bronchus	115,970	12%	
Estimated New Cases	Colon & rectum	82,460	8%	Cold	on & rectum	71,810	7%	
	Urinary bladder	65,080	6%	Uter	rine corpus	69,120	7%	
<b>&gt;</b>	Melanoma of the skin	60,550	6%	Mela	anoma of the skin	44,410	4%	
ž	Kidney & renal pelvis	52,410	5%	Non	-Hodgkin lymphoma	35,210	4%	
ted	Non-Hodgkin lymphoma	45,140	4%	Pane	creas	32,490	3%	
ma'	Oral cavity & pharynx	42,500	4%	Thy	roid	31,350	3%	
stii	Leukemia	38,720	4%	Kidn	ney & renal pelvis	28,570	3%	
ш	Pancreas	34,950	3%	Leul	kemia	28,170	3%	
	All sites	1,053,250		Alls	ites	988,660		
	Male				Female			
	Lung & bronchus	64,190	20%	Lung	g & bronchus	60,540	21%	
	Prostate	35,770	11%	Brea	ist	42,170	14%	
S	Colon & rectum	28,900	9%	Pand	creas	24,930	8%	
ţ	Pancreas	27,050	8%	Colo	on & rectum	24,000	8%	
Dea	Liver & intrahepatic bile duct	19,250	6%	Uter	rine corpus	13,860	5%	
D D	Leukemia	13,500	4%	Ovai	ry	12,730	4%	
Estimated Deaths	Esophagus	12,940	4%	Live	r & intrahepatic bile duct	10,840	4%	
ţi	Urinary bladder	12,640	4%	Leuk	kemia	10,040	3%	
Es	Non-Hodgkin lymphoma	11,060	3%	Non	-Hodgkin lymphoma	8,330	3%	
	Brain & other nervous system	10,170	3%	Brain	n & other nervous system	8,160	3%	
	All sites	323,900		Alls	ites	294,220		

Estimates exclude US territories and are rounded to the nearest 10; cases exclude basal cell and squamous cell skin cancers and in situ carcinoma except urinary bladder. Ranking is based on modeled projections and may differ from observed data.

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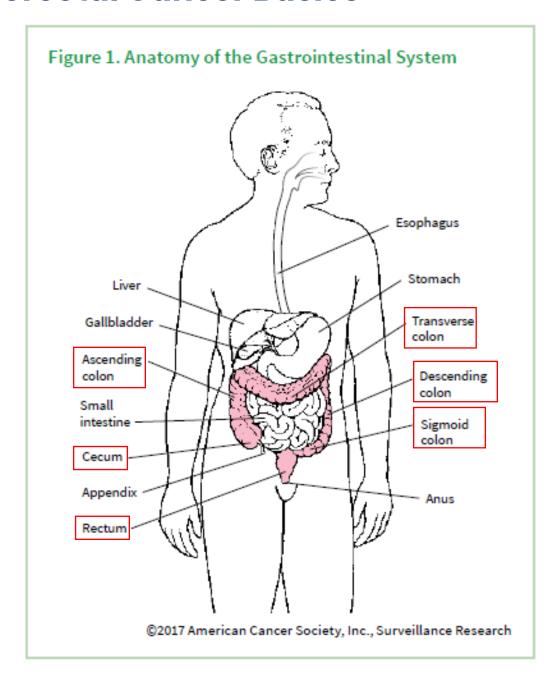
#### **Surveillance Research Basics**

#### What does ACS surveillance research do?

- ☐ Compile and disseminate current scientific information on cancer occurrence
- ☐ Project the numbers of new cancer cases and deaths expected each year
- Identify and track emerging trends and inequalities



#### **Colorectal Cancer Basics**



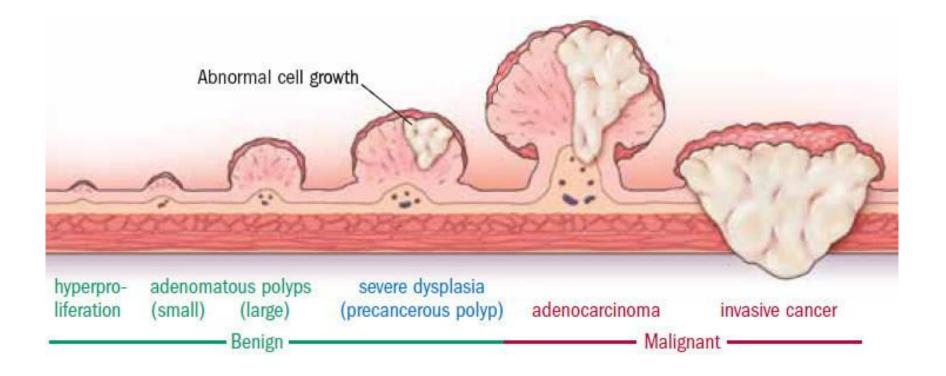
Proximal (right) Colon: Cecum, Ascending, and Transverse

Distal (left) Colon: Descending and Sigmoid

Rectum



#### **Colorectal Cancer Basics**





Source: Harvard Health

#### Leading Sites of New Cancer Cases and Deaths – 2025 Estimates



	Male				Female		
	Prostate	313,780	30%	Breast	316,950	32%	
	Lung & bronchus	110,680	11%	Lung & bronchus	115,970	12%	
Estimated New Cases	Colon & rectum	82,460	8%	Colon & rectum	71,810	7%	
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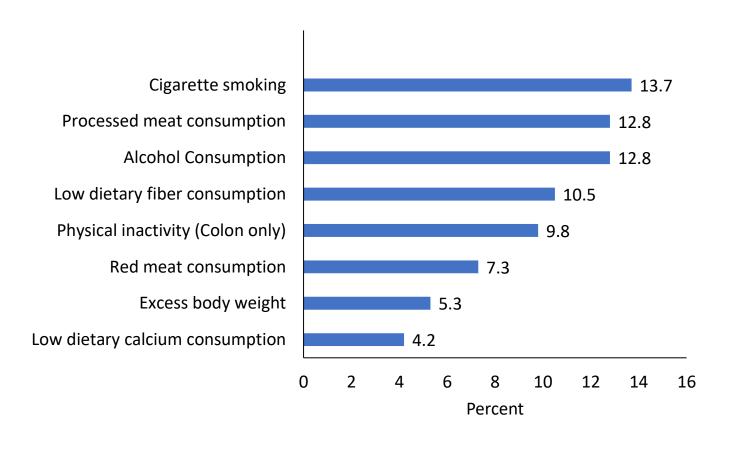
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#### **Colorectal Cancer Basics**

#### Proportion of colorectal cancer cases attributable to specified risk factors

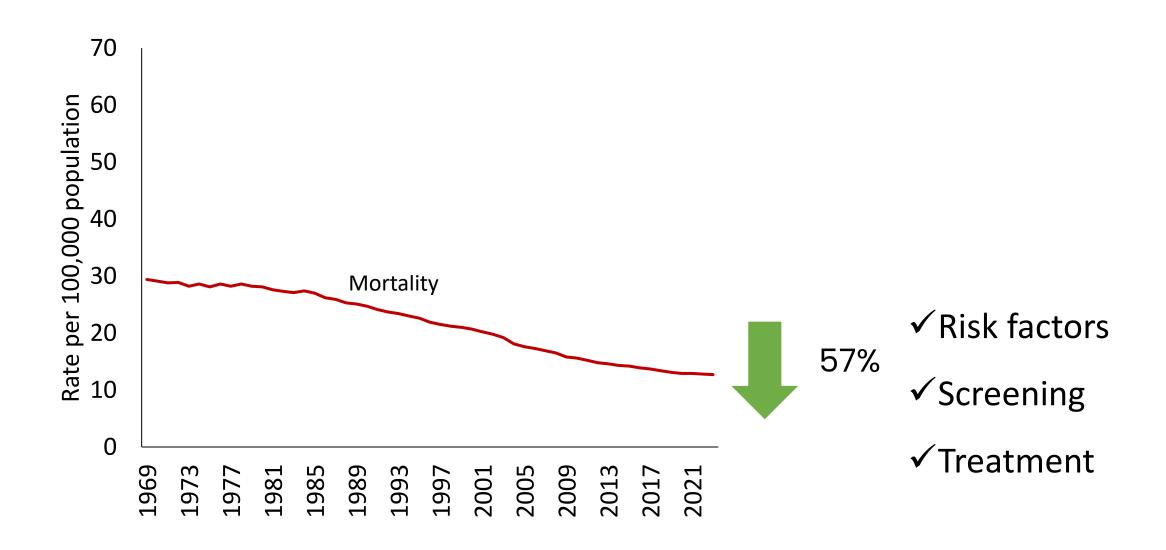


54.2% of all colorectal cancer cases are attributable to modifiable risk factors



Source: Islami et. al. 2024

# Long-term trends in colorectal cancer incidence and mortality, 1969-2023





#### **Brief Report**

December 5, 2024

# Estimation of Cancer Deaths Averted From Prevention, Screening, and Treatment Efforts, 1975-2020

Katrina A. B. Goddard, PhD1; Eric J. Feuer, PhD1; Jeanne S. Mandelblatt, MD, MPH2; et al.

» Author Affiliations

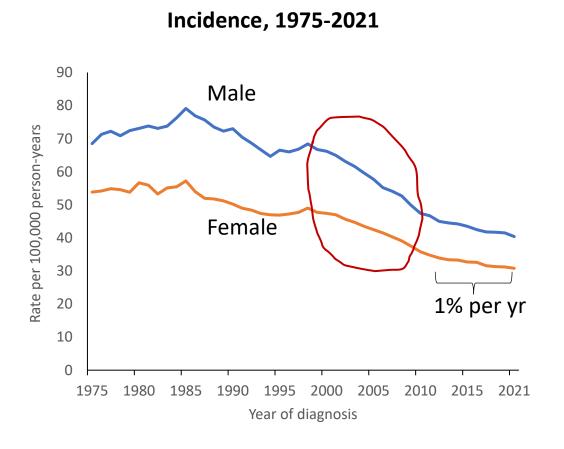
JAMA Oncol. 2025;11(2):162-167. doi:10.1001/jamaoncol.2024.5381

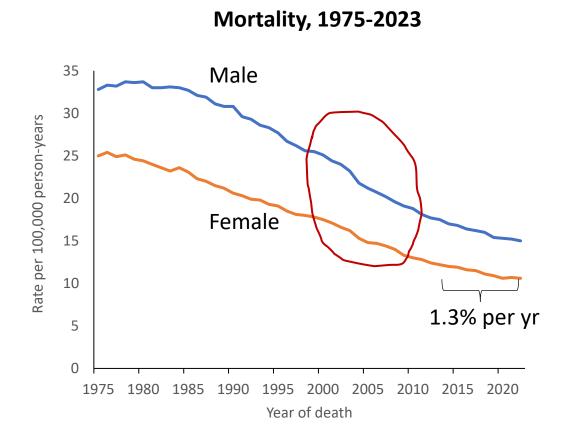
940,000 Colorectal cancer deaths averted from 1975-2020

79% Prevention and screening

21% Treatment advances

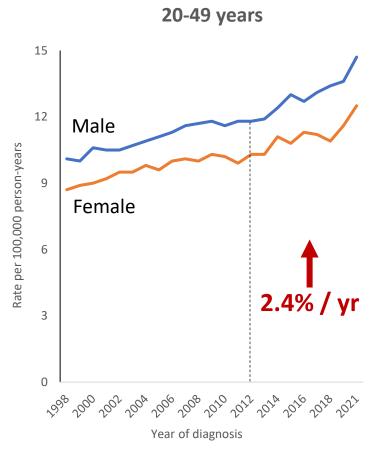
#### Long-term trends in colorectal cancer incidence & mortality, US

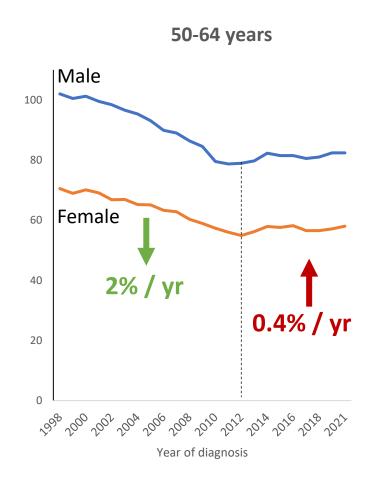


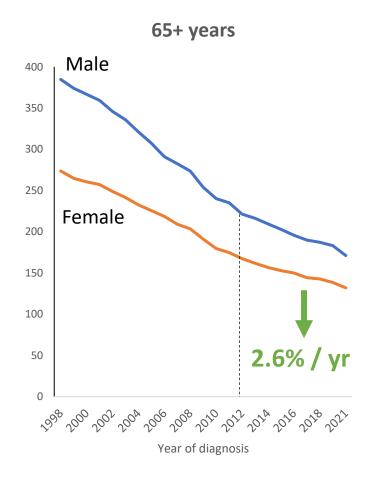




#### Trends in colorectal cancer incidence by age, 1998-2021

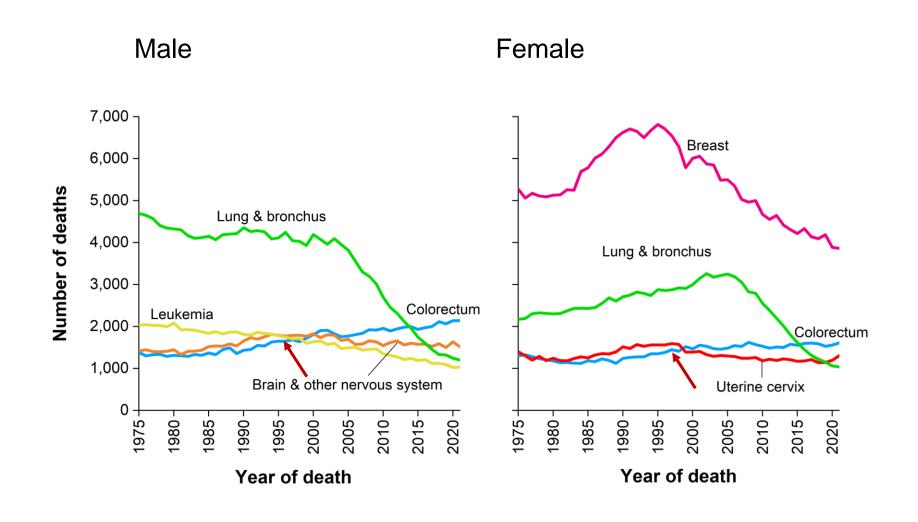




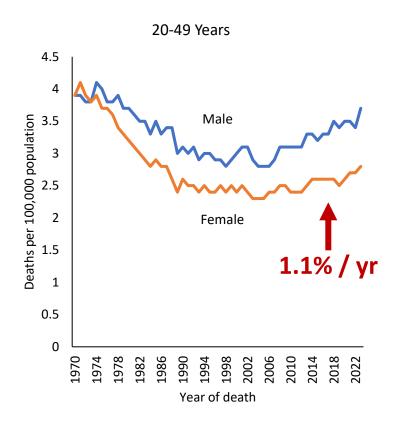


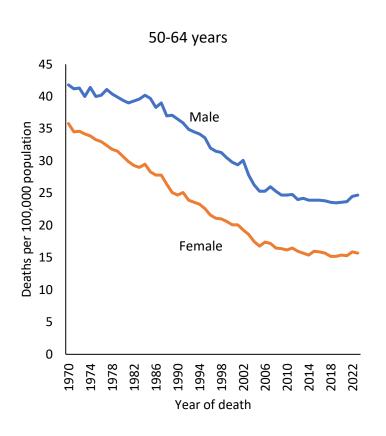


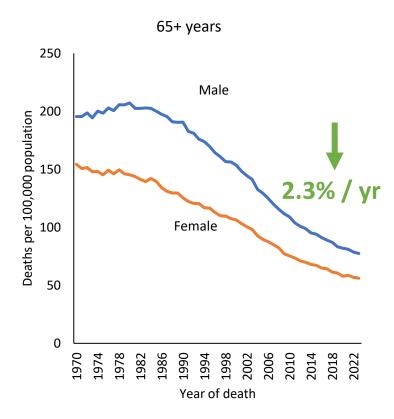
#### Leading causes of cancer death in adults <50 years



#### Trends in colorectal cancer mortality by age, 1970-2023









#### Estimated new colorectal cancer cases and deaths in 2025

CASES					
Age, years	Total	Percent			
0-49	21,010	14%			
50-64	47,550	31%			
65+	85,710	56%			
All ages	154,270	100%			

DEATHS		
Age, years	Total	Percent
0-49	3,810	7%
50-64	13,430	25%
65+	35,660	67%
All ages	52,900	100%

**0-64 years: 44%** of cases, up from **27%** in 1995

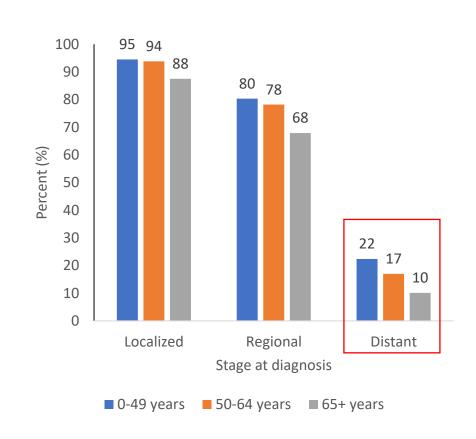
0-49 years: 58 diagnoses every day



# Trends in colorectal cancer incidence by subsite & age

#### 20-49 years 6 Rate per 100,000 population **Proximal** colon Rectum 4 **Distal colon** Distal colon Cecum Proximal colon Rectum Unknown 1998 2001 2004 2007 2010 2013 2016 2019 2021

# 5-year relative survival by stage at diagnosis and age

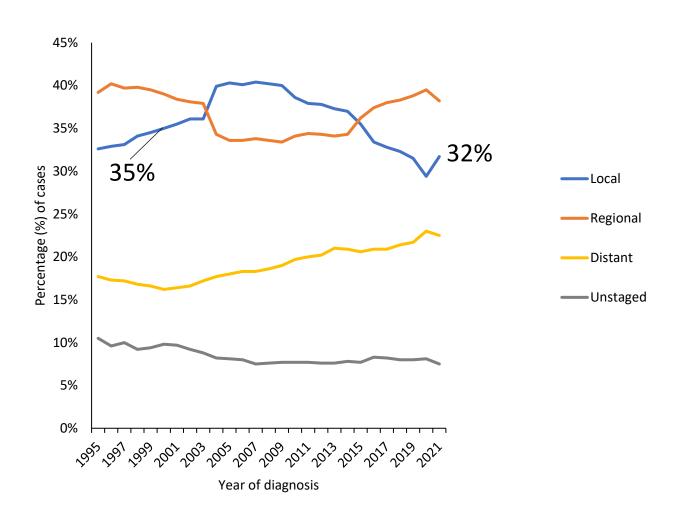




### Why can't we show mortality data by subsite?

- Decades of messaging that referred to both colon and rectum cancers as colon cancer
- People didn't want to hear about or say rectal/rectum
- Drives misclassification on death certificates
- SAY colorectum, colorectal, rectum, rectal (when talking about rectal cancer specifically)
- DON'T use colon as a catch-all.

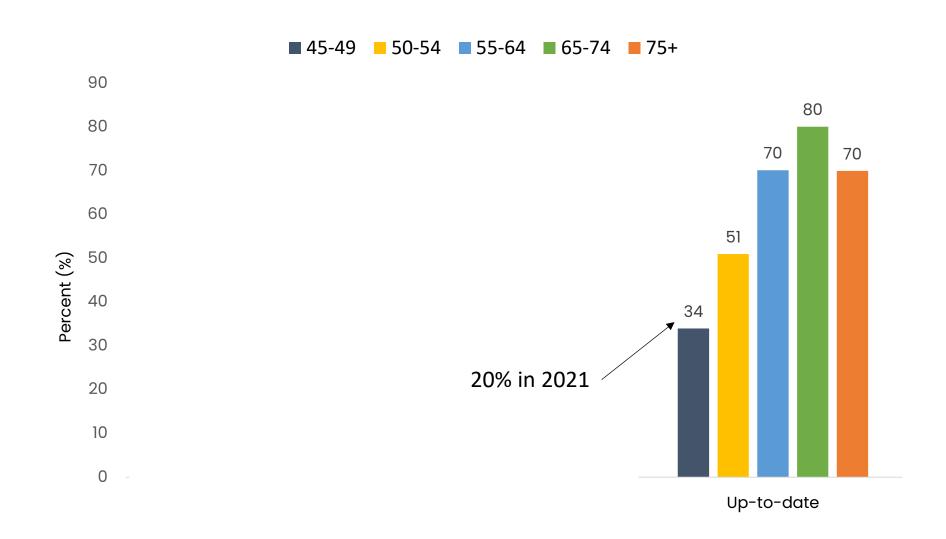
#### Changes in Colorectal Cancer Stage Distribution, 1995-2021



In 2021, 3 in 5 diagnoses are advanced

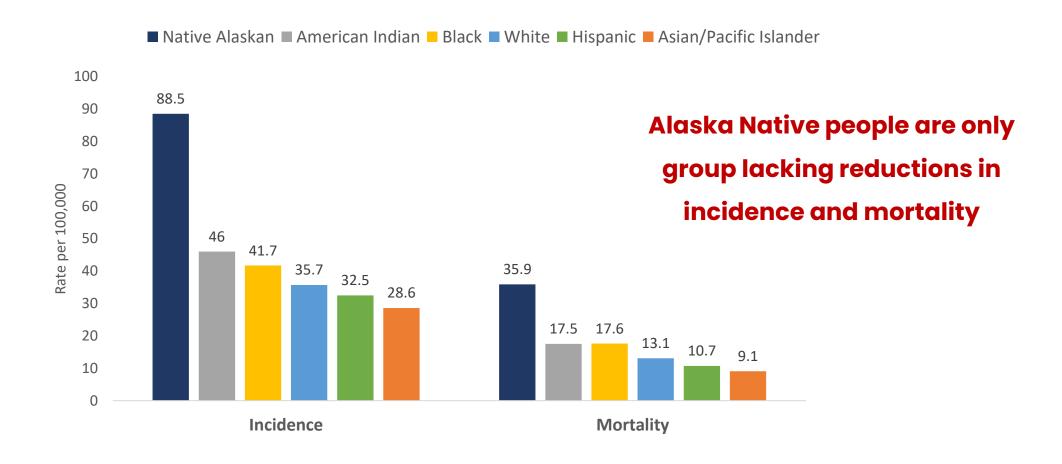


## Colorectal cancer screening by age, 2023



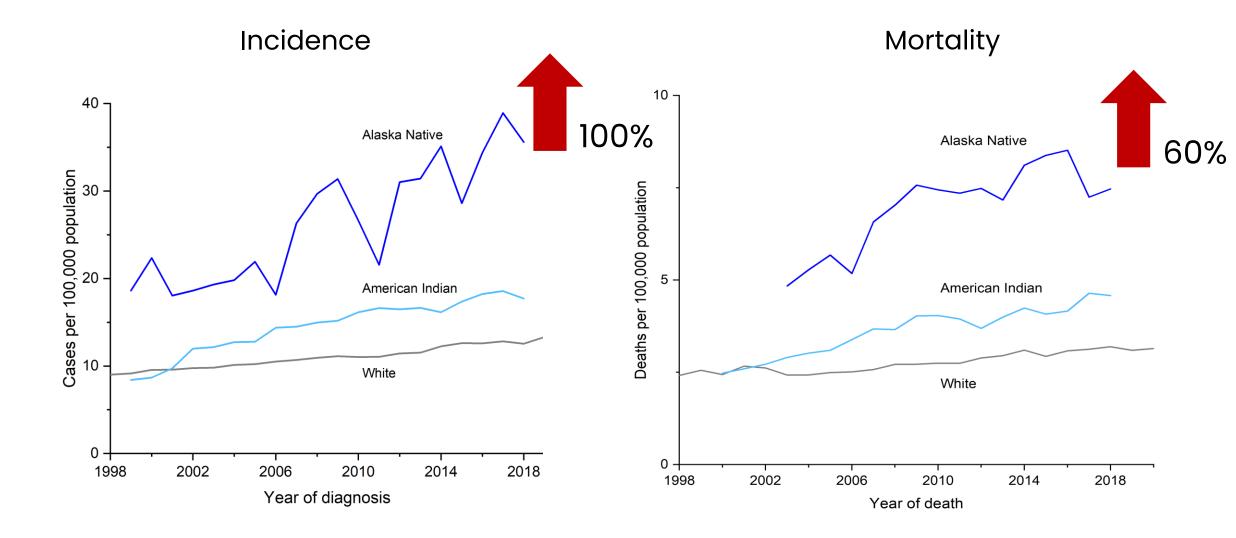


# Colorectal Cancer Incidence (2015-2019) and Mortality (2016-2020) by Race & Ethnicity



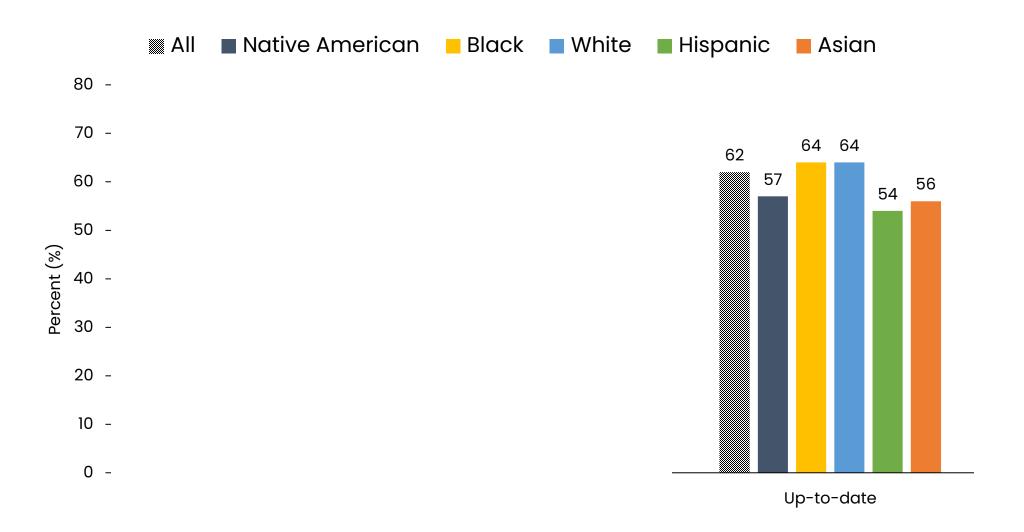


### Early-onset colorectal cancer trends in Native Americans



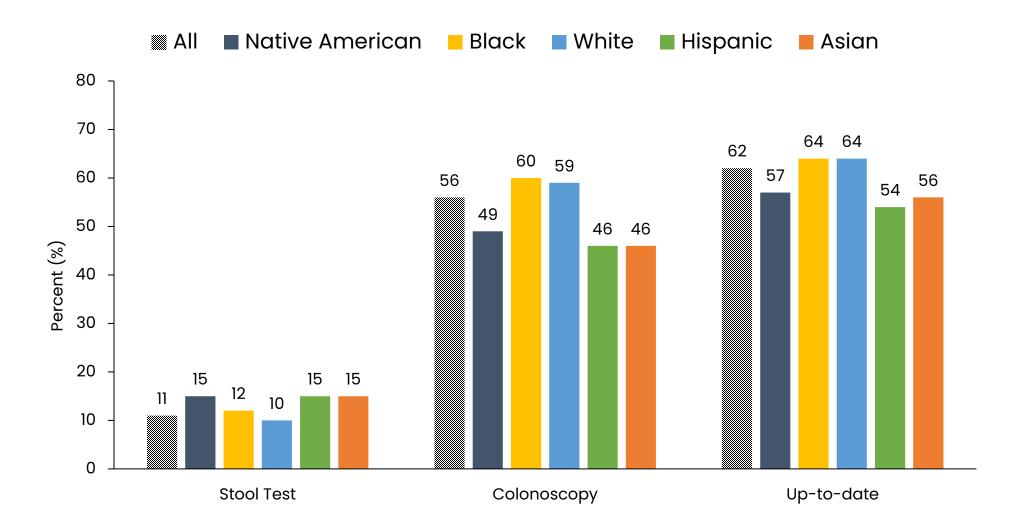


### Colorectal cancer screening by race & ethnicity, ages 45+ years, 2023



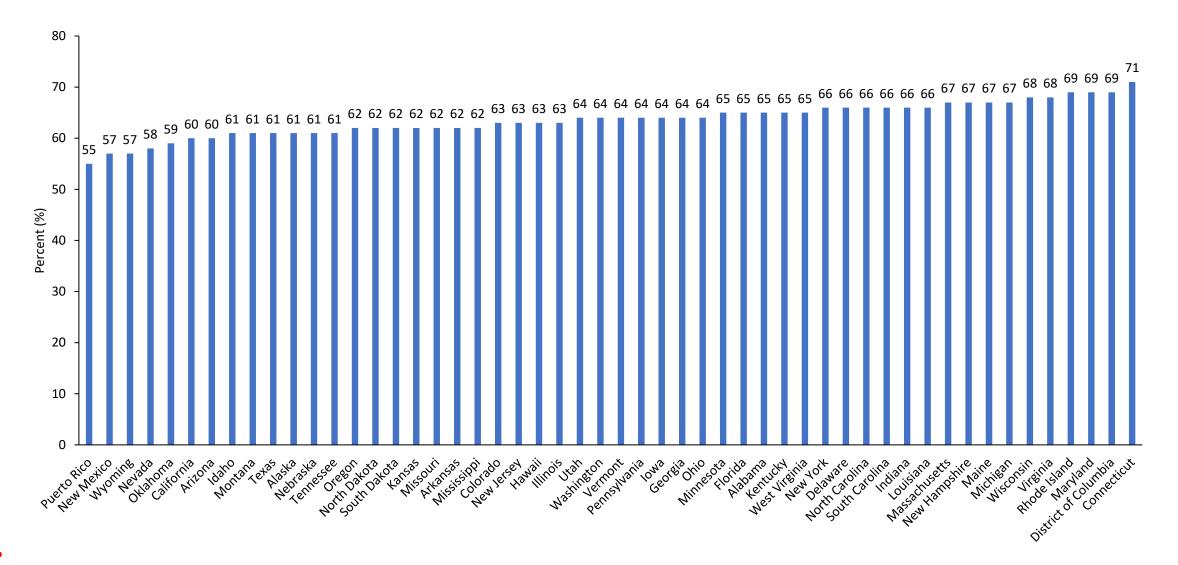


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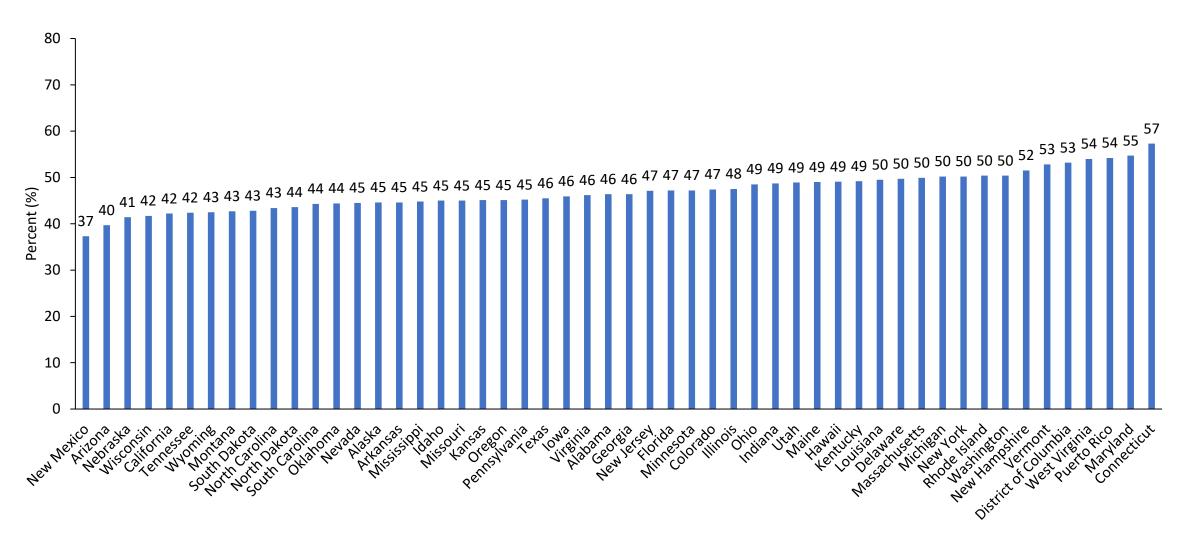


# Colorectal cancer screening by state, percent up-to-date ages 45+ years, 2022



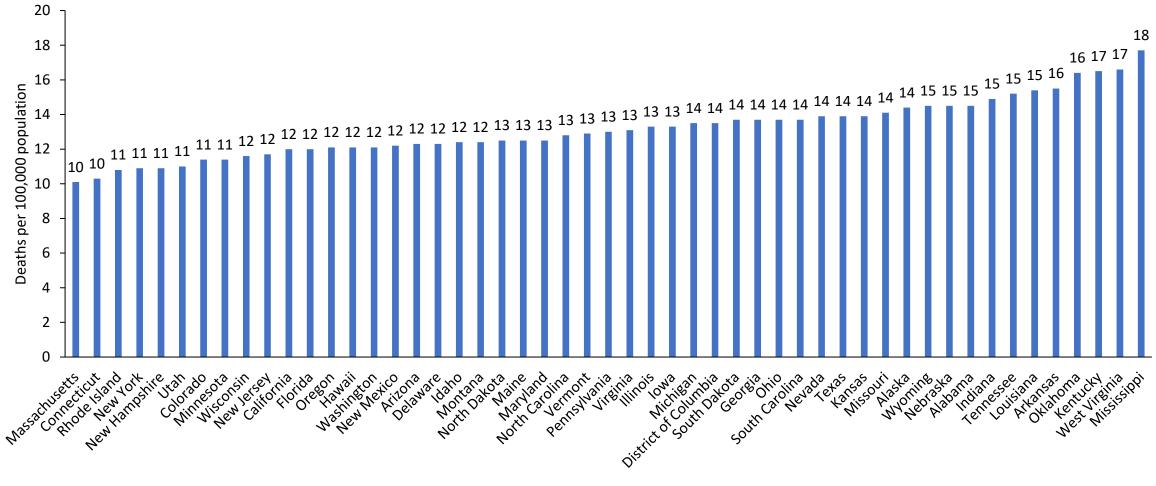


# Colorectal cancer screening by state, ages 45-54 years, 2022





## Colorectal cancer mortality by state, all ages, 2019-2023





# Summary

Continued mortality progress confined to age 65+ years

> Birth cohort effect: Increasing incidence in those born after 1950

> Shift to more advanced disease: 60% of cases, up from 52% in 2005

Stark disparities in incidence, mortality, & screening

Increased awareness & recommendations for stool testing could boost screening

# Thank you!









# Questions?