Family History & Early-Age Onset Colorectal Cancer

CHAIR/Presenter

**Team Charge**: To identify key issues and areas of need around familial, inherited, and early onset colorectal cancer for the purpose of identifying opportunities for the Roundtable to be a catalyst for change.
Task #1: Review Our Charge

Key Takeaways
- Make it more actionable
- Expand inclusivity
- Create a problem statement that leads into the charge to help identify barriers

Next Steps
- Volunteer workgroup to wordsmith in January
Themes

- Help clinicians develop a system-based approach to the identification and management of patients at familial risk, as well as the recommendation for early diagnostic evaluation of those presenting with signs or symptoms of CRC at any age.

- Improve EHRs to help facilitate needed screening and/or counseling recommendations for patients with a family history.

- Increase clinician-patient and intra-family communication about familial/heritable risk.

- Improve “on time” screening according to recommended guidelines for both average (age 45+) and high-risk persons.

- Address the increase in CRC in young adults through strategic planning and interactions with key stakeholders and thought leaders.
Task #2: Review the Themes

Key Takeaways
- Be clear with language we’re using – e.g. “on time,” “lead time,” “at any age/at average age”
- Clarify where we align and delineate between early onset and familial/inherited
- Call to broaden language to include:
  - others in the health care team
  - genetic testing/counseling
- Expand beyond EHR to other technologies / digital solutions
- Be actionable with our early onset areas of focus

Next Steps
- Volunteer workgroup to wordsmith in January
Objective: To facilitate small groups to prioritize 2023 working areas

- Lead-time messaging
- Blue Star Conversations
- Expanded areas of interest in accordance with themes discussion
Reflecting on 2022 and Looking Ahead to 2023

Lead-Time Messaging

- Frequency and timing of messaging
- How do we include younger voices into our planning efforts?
- Dissemination of our future messaging guidebook and any follow-up research in the area

Blue Star Conversations

- Guidance & action plan for how patients can talk to their family
- Capturing family history in EHR (nudge behavior theory)
- Reviews of existing NCCRT resources

Expanded Areas of Interest

- Messaging/tools outside healthcare setting
- Symptom awareness
- Role of genetic counseling & addressing barriers
- Separation of early onset from familial/inherited
Next Steps

• Hosting a follow-up session in January